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December 13, 2017 (Agenda)

December 13, 2017
 Agenda Item 9

Contra Costa Local Agency Formation Commission (LAFCO)
 651 Pine Street, Sixth Floor
 Martinez, CA 94553

**Healthcare Services Municipal Services Review
 Public Review Draft Report**

Dear Members of the Commission:

BACKGROUND

The Cortese-Knox-Hertzberg Local Government Reorganization Act of 2000 (CKH Act) requires that every five years, the Commission shall, as necessary, review and update each sphere of influence (SOI); and that in conjunction with the SOI update, the commission shall conduct a municipal service review (MSR).

MSRs provide an assessment of the range and adequacy of municipal services provided in the County, and serve as an important tool for LAFCO in fulfilling its legislative mandate to coordinate the efficient and logical development of local government agencies and services. The MSR serves as a basis for SOI updates and future boundary changes.

Contra Costa LAFCO continues to work on its 2nd round MSRs, having completed reviews of water and wastewater services (2014), reclamation services (2015), and EMS/fire services (2016).

SUMMARY

In June 2017, LAFCO initiated its 2nd round healthcare services MSR covering three healthcare districts (HCDs) - Concord/Pleasant Hill HCD, Los Medanos Community HCD and West Contra Costa HCD, along with an overview of Contra Costa County health services for context.

The 2nd round MSR focuses on the following: 1) updating information presented in the 2007 healthcare services MSR, 2) assessing the ability of healthcare service providers to maintain relevance and meet the changing healthcare landscape, and 3) identifying opportunities for coordination and collaboration among healthcare service providers in Contra Costa County. The report also includes an overview of healthcare issues at the State level and in Contra Costa County.

The MSR Process - Following a formal Request for Proposal and selection process, Berkson Associates was hired to prepare the MSR report.

The MSR process entailed developing a Request for Information (RFI) specific to each agency in order to obtain updated fiscal, administrative, service and related information. In conjunction with the RFI, the consultant and LAFCO staff met with representatives of each local agency and had follow-up communications.

The consultant prepared an administrative draft report which was shared with local agency staff to verify information, and to enable an inclusive and cooperative process.

The Public Review Draft MSR was released on December 7, 2017. The report was posted on the LAFCO website (<http://contracostalafco.org/agencies/municipal-service-reviews/>), and local agencies and interested parties were notified of the availability of the report and public comment period, which will end on December 29th, 2017.

The December 13th hearing is the first of two public hearings on the healthcare services MSR. At this hearing, the MSR consultant will present a summary of the MSR report and major findings. Following the presentation, the consultant and LAFCO staff will review comments from the public and the Commission. No final action on the Draft MSR report will be taken on December 13th.

The Commission will be asked to set a public hearing for January 10th, at which time the Commission will be asked to accept the Final MSR report, adopt the required MSR and SOI determinations, and update the SOIs for the three districts covered in the MSR report.

RECOMMENDATIONS

1. Receive the staff report and consultant's presentation,
2. Open the public hearing and receive comments,
3. Close the public hearing and provide comments and direction to the MSR consultant and LAFCO staff, and
4. Direct LAFCO staff to set a public hearing for January 10th, at which time the Commission will be asked to accept the Final MSR, make the required determinations, and update SOIs.

Sincerely,

LOU ANN TEXEIRA
EXECUTIVE OFFICER

Exhibit: See <http://contracostalafco.org/agencies/municipal-service-reviews/>

c: Distribution



**Berkson
Associates**

Urban Economics
Policy Forensics & Forecasting
Planning & Policy Analysis

PUBLIC REVIEW DRAFT

HEALTHCARE SERVICES
MUNICIPAL SERVICE REVIEW &
SPHERE OF INFLUENCE UPDATES

Prepared for Contra Costa LAFCO

Prepared by Berkson Associates
In association with the Abaris Group
December 2, 2017



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1. INTRODUCTION

State law requires that LAFCOs periodically prepare Municipal Service Reviews (MSRs) as a basis for decisions about district boundaries, as described in more detail in the “Municipal Service Reviews” section of this chapter. The law also requires that certain changes in government organization, e.g., a district dissolution, require findings based on an MSR or a special study.

In 2017, and for the foreseeable future, continued access to healthcare is not only a national debate but also a significant local concern. Numerous trends will influence healthcare in the future, and by extension, the provision of services by healthcare districts, for example:

- The Bay Area population, similar to national trends, is aging as more baby boomers reach 65.
- Statewide, the demand for primary care is expected to grow 12 to 17 percent by 2030 as California’s population ages.¹
- Physician supply will decline through 2030 because many doctors are at or near retirement age. In California, one-third of physicians and nurses is 55 or older.²
- As a result of the Affordable Care Act, the uninsured rate among the nonelderly dropped from 18% in 2010 to 10% in 2016;³ however, in today’s political environment the cost, coverage and availability of health insurance is highly uncertain, as well as funding for services (e.g., Medicaid).
- The impact of telemedicine and other technological advances on the management, delivery and accessibility, and cost for certain healthcare services.

These factors will be important to monitor to assure that healthcare districts, including those that no longer own hospitals, maintain their relevancy in a constantly changing healthcare environment.

¹ California's Primary Care Workforce: Forecasted Supply, Demand, and Pipeline of Trainees 2016-2030, Healthforce Center at UCSF, August 15, 2017.

² Ibid, California's Primary Care Workforce, 2017.

³ U.S. health system is performing better, though still lagging behind other countries, By Kamal and Cox, Kaiser Family Foundation, May 19, 2017.

APPROACH AND METHODOLOGY

This MSR reviews documents and information including the 2007 Contra Costa Healthcare MSR, districts' financial audits and budgets, district and other agency projections, Grand Jury reports, and other documents relevant to the districts and to healthcare services and needs in Contra Costa County. LAFCO and its consultant interviewed key stakeholders including representatives of Contra Costa County, the districts, and other professionals involved in the management of district affairs and healthcare services. The affected local agencies were provided a preview copy of their draft chapter and submitted comments and corrections. LAFCO staff reviewed the administrative draft document, and public input will be received on the public review draft report.

Chapter 2 summarizes MSR findings and determinations required by the Municipal Service Review (MSR) process.⁴ Subsequent chapters further describe and document the basis for the findings. Appendices include additional information referenced in this report.

MUNICIPAL SERVICE REVIEWS

The Cortese-Knox-Hertzberg Local Government Reorganization Act of 2000 (“CKH Act” - Gov. Code § 56000, et seq.) requires that every five years, as necessary, LAFCO review and update the Sphere of Influence (SOI) of each local agency. An SOI is a planning boundary that may coincide with or extend beyond an agency’s legal boundary (such as the city limit line or district boundary) that designates the agency’s probable future boundary and service area.

In 2000, the Legislature expanded the authority of LAFCOs to conduct Municipal Service Reviews. As part of the SOI update, LAFCO must prepare a corresponding MSR. An MSR is a comprehensive study designed to better inform LAFCO, local agencies, and the community about the provision of municipal services. Service reviews capture and analyze information about the governance structures and efficiencies of service providers, and identify opportunities for greater coordination and cooperation among providers. The service review is a prerequisite to an SOI determination and may also lead LAFCO to take other actions under its authority, such as a reorganization or dissolution.⁵

⁴ See Gov. Code Sec. 56430.

⁵ “What is LAFCo?” CALAFCO website, <http://www.calafco.org/about.htm>.

MSR Determinations

Gov't Code Section 56430 requires LAFCO to prepare a written statement of its determinations with respect to each of the following:

- Growth and population projections for the affected area.
- The location and characteristics of any disadvantaged unincorporated communities within or contiguous to the sphere of influence.
- Present and planned capacity of public facilities, adequacy of public services, and infrastructure needs or deficiencies including needs or deficiencies related to sewers, municipal and industrial water, and structural fire protection in any disadvantaged, unincorporated communities within or contiguous to the sphere of influence.
- Financial ability of agencies to provide services.
- Status of, and opportunities for, shared facilities.
- Accountability for community service needs, including governmental structure and operational efficiencies.
- Any other matter related to effective or efficient service delivery, as required by commission policy.

The MSR determinations apply most directly to cities and special districts that provide utility infrastructure and public services such as police and fire protection. The determinations are less applicable to healthcare districts for a number of reasons: a) many healthcare districts do not own or operate facilities, or provide direct services; these agencies may distribute grants to other healthcare providers; and b) districts that do operate and/or own healthcare facilities and provide health services do not fit many of the criteria and measures typically applied to utility infrastructure directly linked to existing and newly developing land uses.

The tables in **Appendix A** translate the required MSR determinations into criteria more applicable to healthcare districts. This MSR follows the interpretations as they relate to Contra Costa healthcare districts.

MSR determinations play a critical role in LAFCO's evaluation of local agency boundary change decisions, which must be consistent with the spheres of influence of affected agencies. MSR determinations are also a useful tool in evaluating district reorganization or dissolution. Finally the MSR's consideration of governance options can highlight opportunities to improve or streamline services. In most cases, boundary changes, district reorganization, dissolution or extension of services will be initiated by application to LAFCO, either by a resolution adopted by the governing body of an affected local agency or a petition signed by a specified number of affected landowners or voters. On November 17, 2017, LAFCO noticed receipt of an application from Contra Costa County of an application proposing dissolution of the LMCHD.

LITTLE HOOVER COMMISSION

As described on its website, the Little Hoover Commission is an independent state oversight agency that was created in 1962. The Commission's mission is to "investigate state government operations and – through reports, recommendations and legislative proposals – promote efficiency, economy and improved service."⁶

The Little Hoover Commission's August 2017 report on "Special Districts: Improving Oversight & Transparency" recommended several measures to strengthen oversight of California's independent special districts. The report recommended that the state should "eliminate unnecessary hurdles for district dissolutions and consolidations to improve service delivery, expand transparency by requiring every district to have a website with basic information and standardize current reporting requirements on revenues, expenditures and reserves."⁷

The Commission also focused specifically on healthcare districts, including those that no longer operate hospitals. The Commission found that the statutory language that governs healthcare districts should be updated to reflect "the shift from hospital-based healthcare to modern preventative care models."⁸ The report recommended updating of the outdated principle act that governs these districts.

The report explored concerns about the relevance of healthcare districts, and documented successful examples where healthcare districts successfully shifted their focus from direct healthcare services and hospital operations to preventive care health services. The report cited research from the Centers for Disease Control showing that "70 percent of chronic illnesses are preventable, and healthcare cost savings associated with keeping people healthy and out of hospitals are substantial."⁹ The report emphasized the importance of coordination between counties and healthcare districts to avoid redundancies and to increase collaboration.

The report recognized the successful reorganization of the Mt. Diablo Healthcare District into a subsidiary district of the City of Concord, following four grand jury reports over a decade that criticized district operations. It also noted that the grand jury has issued three reports over the

⁶ <http://www.ca.gov/Agencies/Little-Hoover-Commission>

⁷ *Special Districts: Improving Oversight & Transparency*, The Little Hoover Commission, Report #239, August 2017.

⁸ *ibid*, Little Hoover Commission, pg. 10, Recommendation 12.

⁹ *Ibid*, Little Hoover Commission, pg. 46, "Beach Cities: Is This a Future of Healthcare Districts?".

past decade criticizing the administration of the Los Medanos Community Healthcare District, which continues to exist and dispense grants in the community.¹⁰

The hearings conducted by the Little Hoover Commission led to the enactment of Health and Safety Code, section 32139.¹¹ This statute requires that several administrative practices be adopted by healthcare districts such as the “transparency” and related website content discussed in this report. This statute, which was chaptered in September and becomes effective in 2018, also requires healthcare districts to adopt annual policies for providing assistance or grant funding including:

- (1) A nexus between the allocation of assistance and grant funding with health care and the mission of the district.
- (2) A process for the district to ensure allocated grant funding is spent consistently with the grant application and the mission and purpose of the district.

HEALTHCARE DISTRICTS IN CONTRA COSTA COUNTY

In California, there are 79 healthcare districts operating in 37 counties; of these 79 districts, 37 districts operate 39 hospitals, and 5 lease their hospitals to other entities.¹² Many of the other districts own healthcare facilities and/or provide direct health services to consumers, as well as distribute grants and funding to other agencies, and may own medical office buildings. All of the healthcare districts in Contra Costa County were formed in the 1940s and previously owned and operated hospitals.

Currently three healthcare districts exist in Contra Costa County. None of the districts operate a hospital, although the Los Medanos Community Healthcare District (LMCHD) owns and leases its former hospital building to the County of Contra, which operates the Pittsburg Health Center at that site. One of the other districts, the Concord/Pleasant Hill Health Care District (CPHHCD), is a subsidiary district to the City of Concord and its boundaries include the cities of Concord and Pleasant Hill and some unincorporated areas. The third district, the West Contra Costa Healthcare District (WCCHD), currently is proceeding through bankruptcy. State legislation is

¹⁰ Ibid, Little Hoover Commission, pg. 44, “Dissolution Has Proved Itself a Persistent Question.”

¹¹ AB 1728, approved by the Governor and Filed with the Secretary of State on September 23, 2017.

¹² Number of districts from the August 2017 Little Hoover Commission, Report #239; number of leases from correspondence from Amber King, Senior Legislative Advocate, Association of California Healthcare Districts (ACHD), 2/27/17.

currently pending that would allow that district's governing body to be appointed by the Board of Supervisors, rather than elected.

CONCORD/PLEASANT HILL HEALTH CARE DISTRICT

The Mt. Diablo Healthcare District (MDHCD), reorganized in 2012 as a subsidiary district to the City of Concord, was renamed the Concord/Pleasant Hill Health Care District (CPHCD).¹³

The MDHCD transferred its hospital to John Muir Health in 1996, but continued to use its property tax, which averaged about \$200,000 per year, for grants to local organizations and for a variety of educational and other health-related programs. The MDHCD also occupied seats on the John Muir Community Health Foundation board that distributes \$1 million per year for health services grants. Over the years, the MDHCD had been the subject of several grand jury reports calling for it to be disbanded, and eventually MDHCD was reorganized as the smaller subsidiary district by LAFCO. Staff, board, election and other administrative costs were largely eliminated, but many of the healthcare functions continued, including ongoing membership on the Health Foundation board, and distribution of grants using the District's property tax revenues. The Concord City Council serves as the governing body of the subsidiary district that extends beyond City boundaries.

LOS MEDANOS COMMUNITY HEALTHCARE DISTRICT

The Los Medanos Community Healthcare District (LMCHD) serves the Pittsburg and Bay Point areas in eastern Contra Costa County, an area with a population of approximately 82,000.¹⁴ LMCHD operated the Los Medanos Community Hospital up until 1994, when the hospital closed due to financial difficulties and the District was forced to declare bankruptcy. The District has recovered from that condition and retired most of its remaining bankruptcy debt in 2007, five years ahead of schedule, with the exception of State financial obligations continuing through 2026.

The LMCHD organizes and sponsors programs and events that provide wellness and prevention services as well as raise the community's awareness about health issues.¹⁵ The LMCHD leases its former hospital facilities to Contra Costa County for use as the Pittsburg Health Center, the

¹³ City of Concord Resolution No. 13-007, September 2013.

¹⁴ Contra Costa LAFCO Directory of Local Agencies, August 2015.

¹⁵ As further described on Table 9.

largest clinic in the County health system, with over 100,000 patient visits per year. Services range from primary adult and pediatric care to specialty services such as audiology, orthopedics, podiatry, and dental care services.¹⁶ The District and the County currently are negotiating an extension to the lease. The current status of negotiations is unknown; it is possible that a market-value based lease would increase the current \$100,000 annual rent, resulting in a shift of County revenues to the District to fund the rent increase.

WEST CONTRA COSTA HEALTHCARE DISTRICT

The West Contra Costa Healthcare District (WCCHD) serves West County, including the cities of Richmond, El Cerrito, Hercules, Pinole, and San Pablo, along with unincorporated areas in west Contra Costa County. The District was formed in 1948 for the purpose of building and operating a hospital. The District operated a hospital for many years, but by the mid-1990s, increasing costs, declining reimbursements, and growing service demands from low-income populations, the insured and underinsured forced the District into bankruptcy. The District emerged from bankruptcy in 2006, but it never managed to regain financial solvency and fell further into debt. In an effort to keep open the District's full-service acute care hospital, Doctor's Medical Center, Contra Costa County provided \$35 million in emergency funding to the District between 2006 and 2015, and voters approved two special tax measures. The tax measures weren't enough to keep the hospital open, and Doctors Medical Center closed permanently on April 21, 2015.

The District is currently in Chapter 9 bankruptcy and hopes to have a Plan of Adjustment of the District's debt confirmed by the court in late 2017, with an effective date early in 2018. Under the Plan, the primary obligation of the District for the next seven years will be to repay debt. After this period, all of the District's ad valorem property tax, conservatively about \$3.6 million per year, should be available for health care. The District's bonded indebtedness, secured by a parcel tax, is not expected to be fully repaid until 2042. On August 1, 2017, the County Board of Supervisors decided to seek legislation that would allow the District to continue to exist under a governing body appointed by the Board of Supervisors. This will save election costs and may allow for administrative efficiencies and opportunities for a strategic partnership between the District and the County.

¹⁶ Public Healthcare Services Municipal Service Review, prepared by Dudek and The Abaris Group for Contra Costa LAFCO, approved August 8, 2007

2. SUMMARY OF FINDINGS & DETERMINATIONS

This chapter applies MSR determinations to the Contra Costa healthcare districts based on information evaluated in subsequent chapters for each district.

(1) GROWTH AND POPULATION PROJECTIONS FOR THE AFFECTED AREA.

As population increases, healthcare needs are likely to grow along with pressure for increased access to healthcare and preventative programs. Healthcare districts can provide needed funding to help address these issues, including helping to reduce demands on emergency room care and costly treatment of chronic conditions.¹⁷

The Association of Bay Area Governments (ABAG) forecasts overall Countywide growth of nearly one percent annually from 2015 to 2020. Over the longer-term horizon, ABAG estimates a total increase in County population of 23 percent from 2015 through 2040.

Population growth within healthcare districts generally exceeds County averages. CPHHCD could see a 38 percent population increase by 2040 due to the City of Concord's potential development. LMCHD could experience a similar increase of about 36 percent. WCCHD's increase of 28 percent also is greater than Countywide averages.

Demographic changes will also influence future health care needs. An aging population will create increasing demand for geriatric care. Political and economic uncertainties could compound current healthcare needs in low-income areas evident within all three healthcare districts.

(2) THE LOCATION AND CHARACTERISTICS OF ANY DISADVANTAGED UNINCORPORATED COMMUNITIES WITHIN OR CONTIGUOUS TO THE SPHERE OF INFLUENCE.

Disadvantaged communities, areas with incomes less than 80 percent of State medians, exist within all three Contra Costa healthcare districts and generally correlate with medically-underserved State designations. Analysis of health care needs highlights health care inequities in these communities, for example, as described in the 2015 Contra Costa Health Services "Richmond Health Equity Report Card" for areas within the WCCHD. Health needs assessments

¹⁷ The Little Hoover Commission Report (2017) cited research from the Centers for Disease Control showing that "70 percent of chronic illnesses are preventable, and healthcare cost savings associated with keeping people healthy and out of hospitals are substantial."¹⁷

prepared by non-profit hospitals prioritize “Economic Security” as a primary health issue, in addition to “Obesity, Diabetes, Healthy Eating, and Active Living.”¹⁸

(3) PRESENT AND PLANNED CAPACITY OF PUBLIC FACILITIES, ADEQUACY OF PUBLIC SERVICES, AND INFRASTRUCTURE NEEDS OR DEFICIENCIES...

The two currently active healthcare districts, LMCHD and CPHHCD, provide grants to community entities for healthcare purposes. In both cases, this funding represents a benefit to the community; however, the relative portion of funding that is expended for overhead and administration by the LMCHD, at 36 to 42 percent of General Fund revenues in FY2015-16 (depending on whether grant administration and program development is included in the overhead component), indicates a less efficient use of available funds as compared to CPHHCD's 20 percent overhead rate. The LMCHD FY2017-18 budget shows 51 percent of General Fund revenues allocated towards overhead. This overhead ratio, which is slightly less if building lease revenues are included, could be lower in future years depending on changes to future lease revenues received for its former hospital building.

Both LMCHD and CPHHCD have adopted goals for improving health in their communities, and require grant recipients to document how grant-funded programs will address health needs and the number of residents served. The LMCHD reporting of persons served does not appear to clearly distinguish total persons served by a program, vs. the portion or share reasonably attributable to LMCHD grant funding.

Both districts prioritize funding of programs addressing issues of access to health services which would benefit underserved communities, generally consistent with MSR findings related to disadvantaged communities.

(4) FINANCIAL ABILITY OF AGENCIES TO PROVIDE SERVICES.

WCCHD currently is in a Chapter 9 bankruptcy and hopes to have a Plan of Adjustment of the District's debt confirmed by the court in late 2017, with an effective date in early 2018. The District's services over the next seven years will be focused almost entirely on overseeing the repayment of the bankruptcy obligations and planning for the future. Once its debts are largely paid off, its tax revenues will provide roughly \$3.6 million annually for healthcare purposes. On August 1, 2017, the County Board of Supervisors decided to seek legislation that would allow the

¹⁸ See Chapter 3 of this report, "Health Needs Assessments in Contra Costa County", and Appendix C which summarizes the findings of the assessments.

District to continue to exist under a governing body appointed by the Board of Supervisors, which will save election costs and should facilitate administrative efficiencies. Governance and financial effectiveness will depend on actions to be taken in the future after debts are repaid.

Both CPHHCD and LMCHD rely largely on relatively stable and growing property tax revenues to fund grants. In addition, CPHHCD has a significant role in distributing grant funding for health care purposes through a Community Benefit Agreement, which the John Muir Health System funds at \$1 million per year.

The LMCHD continues to repay bankruptcy debts and will face a two-year increase in payments to the State to \$500,000 per year compared to current payments of \$100,000, according to its schedule of payments; from 2020 through 2026 the payments will be equal to annual rental income, if any. Unless LMCHD negotiates increased lease payments from the County to cover the increased State payments, the additional \$800,000 State repayment over the next two years will either reduce LMCHD funds available for healthcare, and/or reduce its reserves. Increased lease payments would shift County funds to the District to help cover the increased District payments, and will help fund the District's grants and programs.

After State obligations are paid off by LMCHD in 2026, the County lease pass-through payments to the State, currently \$100,000 annually, will be available for healthcare purposes in addition to additional rent, if any, from the County at that point in time.

(5) STATUS OF, AND OPPORTUNITIES FOR, SHARED FACILITIES.

In the context of healthcare districts, this report interprets this determination to apply to collaboration and sharing of information to improve efficient and effective services.

Both CPHHCD and LMCHD collaborate to some extent with existing health providers, particularly those receiving grants and support from each district. Broader collaboration with the County, non-profit hospitals, and other healthcare districts is less evident for both districts, although the CPHHCD does invite County health professionals to address its Grant Committee. Neither CPHHCD nor LMCHD utilize health needs assessments or State data to target health needs, although CPHHCD does provide copies of assessments to its Grant Committee members. The use of County data by LMCHD appears limited to older County data from 2010. The districts rely on grant applicants to document community health needs, and to explain the nexus between grants and those needs.

LMCHD participates in events of the Statewide Association of California Healthcare Districts (ACHD); CPHHCD does not participate in ACHD, although the District's comprehensive approach to reviewing grants applications, which is based on its CDBG process, could be shared with and benefit other healthcare districts, for example, through participation in the ACHD.

(6) ACCOUNTABILITY FOR COMMUNITY SERVICE NEEDS, INCLUDING GOVERNMENTAL STRUCTURE AND OPERATIONAL EFFICIENCIES.

Accountability

Strategic planning by CPHHCD and LMCHD is minimal. CPHHCD's one-page strategic plan describes goals and objectives, and the District relies on grant recipients to document health care needs to be addressed. LMCHD has an extensive Strategic Plan, however, it has not been comprehensively updated since it was adopted in 2011.

CPHHCD is a subsidiary district of the City of Concord. This structure provides that the City Council act as the District's board; policies and financial practices of the City apply to the subsidiary district, and the District benefits from the use of City resources, inclusion in existing financial reports and systems, use of existing City staff, representation/policy oversight by City councilmembers, and utilization of existing grant practices. This structure minimizes the District's overhead as a percent of resources.

Although the CPHHCD is a subsidiary district to the City of Concord, which means that the Concord City Council serves as its governing body, the District serves other communities and is a legal entity separate from the City. Because many of the District's operations were subsumed within the City's structure, the District appears more as a City department rather than a special district. Distinctions between the City and the District should be more explicit through the separate presentation of information about the District, including information presented on the City's website, and financial information posted separately for the District on the website.

LMCHD generally follows best practices for transparency with the significant exception of its website, which the District indicates it is updating. The website continues to contain outdated and difficult-to-find information, including agenda, minutes, and policies. The District indicated that it is considering alternative website providers, which may result in an improved website.

Operational Efficiency

As noted in **Finding 3** above regarding adequacy of services, the LMCHD's overhead and administrative expenses are 36 to 42 percent of General Fund revenues (depending on whether grant administration and program development is included in the overhead component), indicating a less efficient use of available funds as compared to CPHHCD's 20 percent overhead.

Governance Structure

On November 7, 2017, the Contra Costa County Board of Supervisors adopted a resolution of application requesting LAFCO to initiate proceedings for the dissolution of LMCHD and appoint the County as successor for purposes of winding up the affairs of the District. This would include

the transfer of the District’s assets to the County, including the former hospital building currently leased by the County for use as a clinic.¹⁹ Dissolution offers the opportunity to substantially eliminate potential election costs as well as other LMCHD administrative costs and apply more revenues to healthcare purposes, although those purposes have not yet been determined. The County would not be subject to potential rent increases for the clinic. **Chapter 5** of this report describes this dissolution option and other potential governance options including the status quo.

Pending State legislation would allow the WCCHD to continue to exist under a governing body appointed by the Board of Supervisors, which will save election costs and may allow for coordination between the two agencies, as well as administrative efficiencies.

The CPHHCD was reorganized in 2012 from the Mt. Diablo Healthcare District into a more efficient subsidiary district. The only potential governance option identified, other than the Status Quo, is dissolution. The current MSR finds no justification for dissolution at this time, and therefore it is not evaluated further.

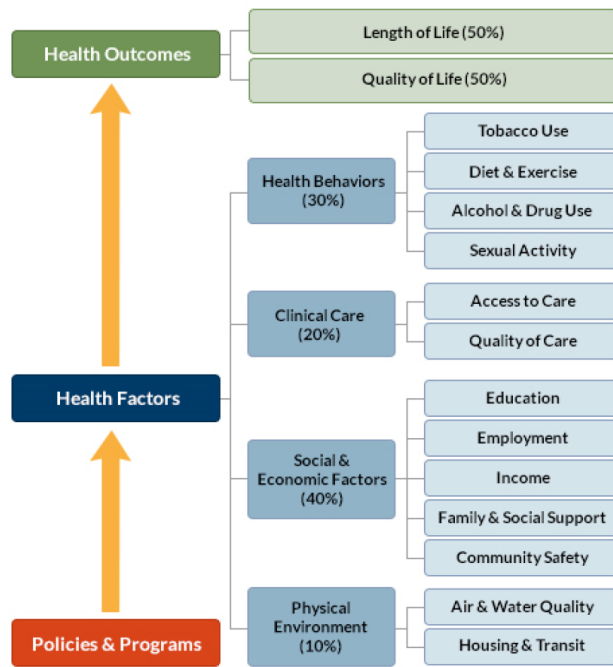
¹⁹ Action by the Contra Costa Board of Supervisors, 11/7/17.

3. HEALTH CARE IN CONTRA COSTA COUNTY

In 2017, Contra Costa County ranked 9th among 52 California counties for factors important for good health.²⁰ The ranking process, illustrated in **Figure 1**, helps counties understand what influences residents’ health and how long they will live. The factors are Countywide; significant differences are likely to exist within subareas of the County.

The factors include a variety of measures that affect the future health of communities, such as high school graduation rates, access to healthy foods, rates of smoking, obesity, and teen births. The rankings help identify issues and opportunities for local health improvement.

Figure 1 Overview of Health Ranking Factors



Source: County Health Rankings 2017

²⁰ University of Wisconsin Population Health Institute, County Health Rankings 2017. www.countyhealthrankings.org/california

HEALTH NEEDS IN CONTRA COSTA COUNTY

Health needs assessment is “a systematic method of identifying unmet health and healthcare needs of a population and making changes to meet these unmet needs.”²¹ Determining priorities must balance what should be done, what can be done, and what can be afforded.

POPULATION GROWTH

Table 1 shows growth projections for cities within Contra Costa healthcare districts, and for the County as a whole. ABAG projects the County to grow at a compounded rate just under 1 percent annually from 2015 through 2020. Forecasts from 2015 through 2040 show a 23 percent total increase.

The population is expected to increase in average age as baby boomers turn 65. For example, the Census reports that the percentage of residents 65 and over grew in Contra Costa County from 12.4% to 14.6% of the population.²² This trend is expected to continue through 2029, contributing to increased healthcare needs.

DISADVANTAGED COMMUNITIES

As shown in **Figure 2**, Disadvantaged Communities exist in the three Contra Costa healthcare districts. A “Disadvantaged Community” is “a territory that constitutes all or a portion of a ‘disadvantaged community’ including 12 or more registered voters”²³ with an annual median household income that is less than 80% of the statewide annual median household income.”²⁴

²¹ Development and Importance of Health Needs Assessment, BMJ, 1998 April 25.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1113037/>

²² “Baby boomers are growing the nation’s older population, Census estimates show”, Tatiana Sanchez, Bay Area News Group, June 21, 2017.

²³ Senate Bill 244: Land Use, General Plans, and Disadvantaged Communities, Technical Advisory, State of California Office of Planning and Research (OPR).

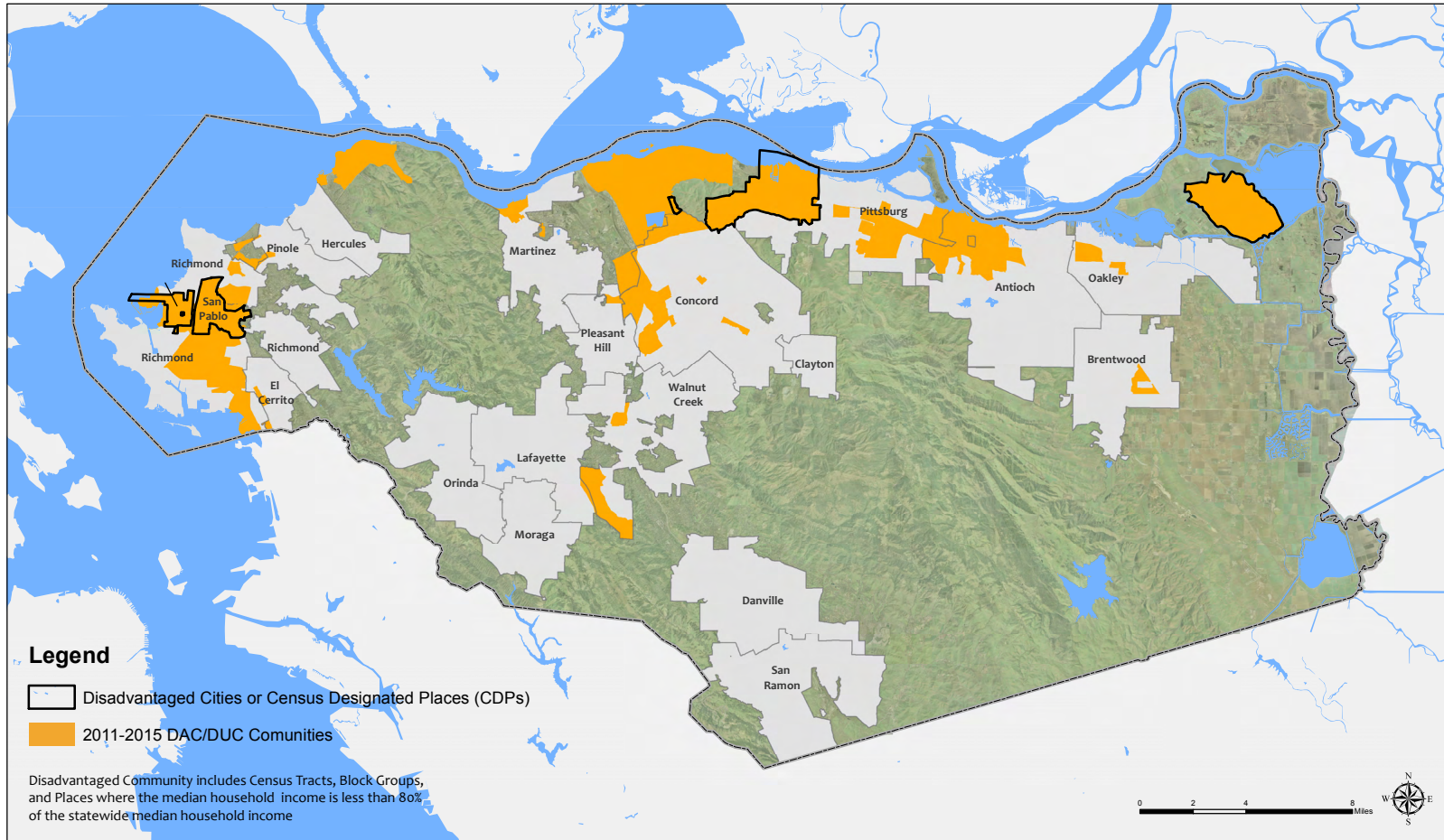
²⁴ Cal. Water Code § 79505.5. Qualifying MHI is 80% or less of Statewide MHI. in 2016 California MHI was \$63,636 and qualifying MHI is \$50,909.

Table 1 Population Growth in Healthcare District Cities and Countywide

Area	2015	2020	5-Year		2040	Total % 2015-40
			Change	Annual %		
CPHHD						
Concord	125,300	128,500	3,200		181,500	
Pleasant Hill	<u>33,800</u>	<u>34,400</u>	<u>600</u>		<u>37,700</u>	
Total	159,100	162,900	3,800	0.6%	219,200	38%
LMCHD						
Pittsburg	67,600	72,000	4,400	1.6%	91,600	36%
WCCHD						
Richmond	109,100	114,600	5,500		140,100	
El Cerrito	24,100	24,700	600		27,500	
Hercules	26,500	28,900	2,400		39,500	
Pinole	18,900	19,500	600		22,200	
San Pablo	<u>30,300</u>	<u>31,500</u>	<u>1,200</u>		<u>37,200</u>	
Total	208,900	219,200	10,300	1.2%	266,500	28%
County Totals						
Cities	922,800	957,400	34,600	0.9%	1,155,900	25%
Unincorporated	<u>162,900</u>	<u>166,100</u>	<u>3,200</u>	0.5%	<u>182,500</u>	12%
Total	1,085,700	1,123,500	37,800	0.9%	1,338,400	23%

ABAG Projections 2013
11/30/17

Figure 2 Disadvantaged Communities in Contra Costa County



MEDICALLY UNDERSERVED & HEALTH PROFESSIONAL SHORTAGE AREAS

The California Office of Statewide Health Planning and Development (OSHPD) designates areas where critical health services are deficient. These areas may then qualify for certain State and Federal funds. **Appendix B** describes and maps each designation, and indicates where they exist relative to the three Contra Costa healthcare districts.

HEALTH NEEDS ASSESSMENTS IN CONTRA COSTA COUNTY

The Affordable Care Act (ACA) requires not-for-profit hospitals to prepare a community health needs assessment (CHNA) every three years. The CHNAs provide the basis for implementation strategies. Typically, the CHNAs identified the highest priority health-related issues as " Obesity, Diabetes, Healthy Eating, and Active Living" and "Economic Security". **Appendix C** includes the priorities identified in CHNAs prepared for the following hospitals that serve the health district residents:

- John Muir Health
- Kaiser Foundation Hospitals (KFH)
 - KFH-Walnut Creek
 - KFH-Richmond
 - KFH-Antioch
- Sutter Delta Medical Center

OTHER STUDIES AND INDICATORS

The Contra Costa Health Services Department has produced numerous studies documenting various health issues in the County.²⁵ Its comprehensive report on Countywide Health Indicators was last issued in 2010, and provided the basis for subsequent health planning within the County. The LMCHD Strategic Plan and its 2017 Health Profile relied on data from this report. The Healthy and Livable Collaborative, which focuses on health issues in the Pittsburg and surrounding areas within the LMCHD, also draws on data from the County's 2010 report.

Mental health needs and the adequacy of the response by the County were addressed in a Contra Costa Mental Health System of Care Needs Assessment.²⁶ The assessment considered the three regions of the County (West, Central, and East).

²⁵ See the Contra Costa Health Services webpage at: <http://cchealth.org/publications/>

²⁶ Contra Costa Mental Health System of Care Needs Assessment, November 2016, Contra Costa Behavioral Health Services.

The County's EMS system was recently re-organized based on a modernization study.²⁷ Currently, 92 percent of county ambulance services are provided by agreement between the Contra Costa Fire Protection District as contractor and American Medical Response as subcontractor.²⁸

FACILITIES AND SERVICES IN THE COUNTY

Figure 3 depicts the locations of hospitals in the County relative to boundaries of healthcare districts. Maps within each district chapter provide additional detail about other healthcare facilities.

Table 2 shows emergency facilities by hospital within Contra Costa County. With the closure of Doctors Medical Center in the WCCHD, which reduced the number of emergency room beds in West County from 40 down to 15, West County has the fewest emergency medical treatment stations per capita compared to other regions within the County. The number of ER stations in West County has increased to 27, but still provides less than half the County average relative to its population. Other regions of the County have a number of emergency stations approximately at or above the Countywide average of 2.4 stations/10,000 population.

The reduction in ER stations has not significantly affected access to care in West County; use of emergency departments has trended downwards as care shifts with expansion and use of ambulatory care clinics and urgent care, and there is no evidence "West County patients that use the 9-1-1 system are taking a longer time getting to an appropriate level of care and have substantially longer transport times than anywhere else in the County" except for a limited number of Richmond patients.²⁹ The Doctors Hospital closure has been a disruption for those patients who "self transport" and walk into DMC for both ED care and specialty care.³⁰

²⁷ <http://cchealth.org/ems/pdf/2014-EMS-System-Modernization-Study.pdf>

²⁸ Memorandum from Pat Frost, EMS Director, to Pat Godley, CFO, Contra Costa Health Services.

²⁹ Pat Frost, Director Emergency Medical Services, Contra Costa Health Services, 11/16/17.

³⁰ *ibid*, Pat Frost/ 11/16/17.

Figure 3 Hospitals in Contra Costa County

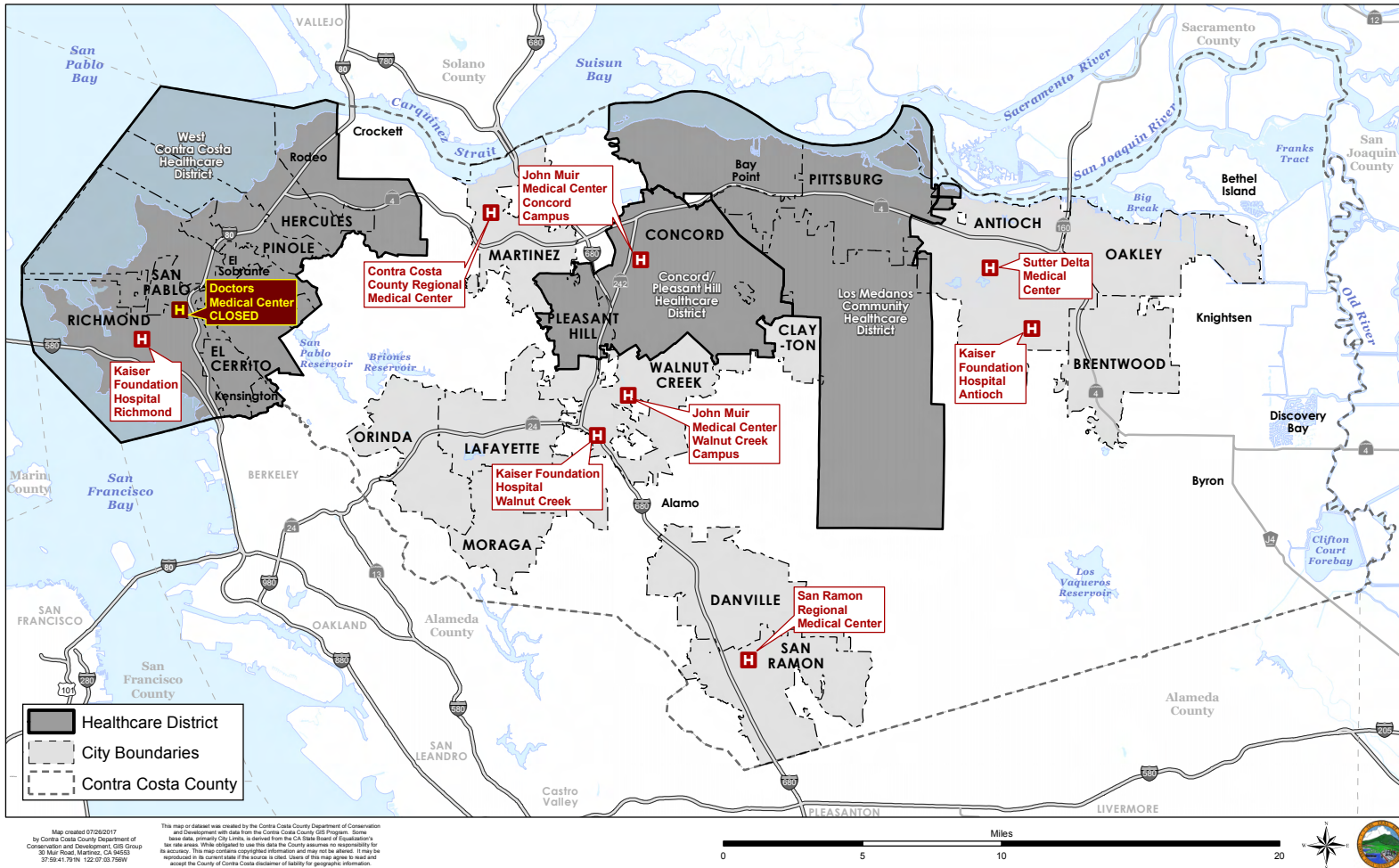


Table 2 Emergency Medical Treatment Stations by Contra Costa Region

General Acute Care Facility	City	County Area		
		West	Central	East
CONTRA COSTA REGIONAL MEDICAL CENTER	Martinez		26	
SUTTER DELTA MEDICAL CENTER	Antioch			32
JOHN MUIR MEDICAL CENTER-WALNUT CREEK CAMPUS	Walnut Creek		44	
KAISER FOUNDATION HOSPITAL - WALNUT CREEK	Walnut Creek		52	
JOHN MUIR MEDICAL CENTER-CONCORD CAMPUS	Concord		32	
SAN RAMON REGIONAL MEDICAL CENTER	San Ramon		12	
KAISER FOUNDATION HOSPITAL - RICHMOND CAMPUS (1)	Richmond	27		
KAISER FOUNDATION HOSPITAL - ANTIOCH	Antioch			37
TOTAL STATIONS	262	27	166	69
Population	1,072,000	254,800	513,300	303,900
Stations/10,000 Population	2.4	1.1	3.2	2.3

Source: ALIRTS Utilization Report 2015, as revised by Pat Frost, Director Emergency Medical Services, Contra Costa Health Services, 11/16/17. Population from American Community Survey, 2014
 (1) Kaiser Richmond had 15 emergency stations in 2015 when DMC closed.

In the Bay Area, hospitals are increasingly consolidating and instead substituting building out urgent care and large specialty and primary care ambulatory clinics to serve the population. Most medical care is outpatient, and total inpatient bed capacity utilization has decreased from 2015-2017 including West County,³¹ reducing the significance of emergency treatment stations per capita as a measure of access to care. However, depending on the future of the Affordable Care Act (ACA), use of emergency rooms by the uninsured could increase.

COUNTY OF CONTRA COSTA

The County of Contra Costa provides a broad range of health-related services to County residents, including the following:

- **Behavioral Health Services**- Includes mental health, alcohol and other drugs and homeless programs.
- **Contra Costa Health Plan** - A federally qualified health maintenance organization (HMO) providing over 90,000 people in Contra Costa County with health coverage.

³¹ *ibid*, Pat Frost/ 11/16/17.

- **Emergency Medical Service (EMS)** – Local regulatory authority responsible for the coordination emergency medical services (dispatch, first responders 9-1-1 ambulance services and emergency departments). Coordinates and oversees county and regional Trauma, Stroke, High Risk Heart Attack and Cardiac Arrest programs. Oversees permitting of non-emergency ambulance providers.
- **Environmental Health** – Regulates and inspects a range of facilities and activities to protect public health, including food operations and restaurants, swimming pools, and other public areas, sewage and solid waste facilities.
- **Hazardous Materials** - Responds to emergencies and monitors hazardous materials.
- **Public Health** - Promotes and protects the health of County residents, with special attention to communities and populations most at risk for poor health outcomes and those most affected by environmental inequities.
- **Contra Costa Regional Medical Center (CCMRC) and Health Centers** - CCRMC is a 166-bed full service acute care hospital serving Contra Costa residents. Ten Health Centers throughout Contra Costa offer health care with a full range of specialty services.

The County is in the process of developing a Public Health Strategic Plan, which will not be completed until 2018, focusing on the Public Health Division's activities in community health and prevention.³²

Several examples of specific County programs that provide grants similar to healthcare districts in the County, and/or that provide services similar to those receive grants from healthcare districts, are summarized below.

The Community Wellness & Prevention Program

The Community Wellness & Prevention Program (CWPP) of Contra Costa Health Services aims to “improve the environmental, social and economic conditions that contribute to poor health, and support a quality of life that promotes the health and wellbeing of all county residents, with special attention to those under served.”³³

Contra Costa Regional Health Foundation

Contra Costa Regional Health Foundation is a non-profit organization that “supports Contra Costa Health Services in its work to care for and improve the health of all the people in Contra Costa County with special attention to those who are the most vulnerable.”³⁴

³² Correspondence from Dr. Walker, Contra Costa Health Services, to L.Texeira, 9/23/17.

³³ <http://cchealth.org/prevention/>

³⁴ <http://ccrhf.org/>

4. CONCORD/PLEASANT HILL HEALTH CARE DISTRICT (CPHHCD)

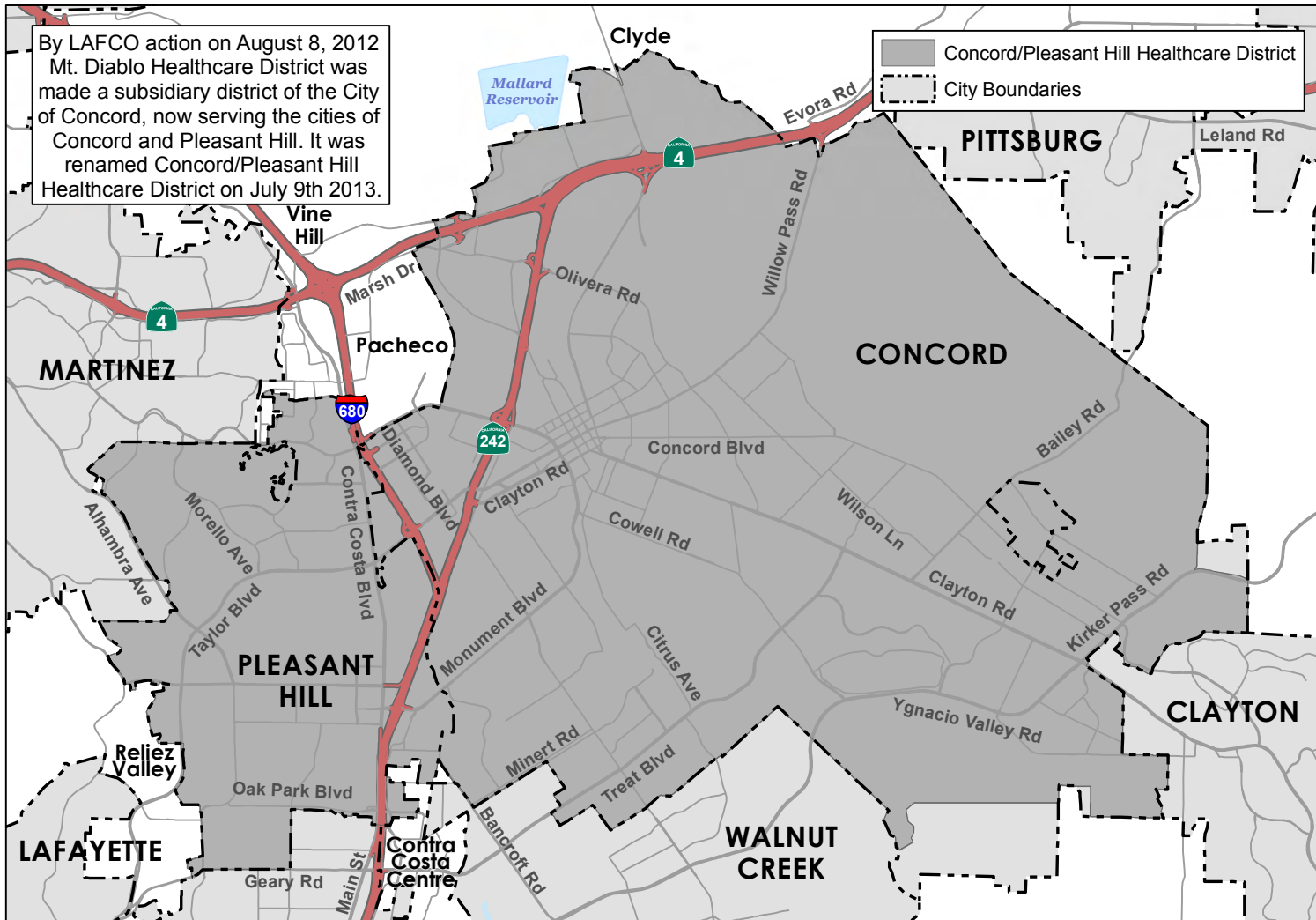
Figure 4 depicts the boundaries of the District. The CPPHD serves 162,000 residents residing primarily in the cities of Concord and Pleasant Hill, and about 800 residents of unincorporated areas. The CPPHD is a subsidiary district of the City of Concord, a result of Contra Costa LAFCO's reorganization of the former Mt. Diablo Healthcare District (MDHCD) in 2012. The District does not own or operate a hospital; the District's primarily grants funds to healthcare-related agencies that provide services to District residents.

The MDHCD transferred its hospital to John Muir Health in 1996, but continued to use its property tax, which averaged about \$200,000 per year, for grants to local organizations and for a variety of educational and other health-related programs. The MDHCD also occupied seats on the John Muir Community Health Foundation board that distributes \$1 million a year for health services grants. Over the years, the MDHCD had been the subject of several Grand Jury reports calling for it to be disbanded, and eventually MDHCD was reorganized as the smaller subsidiary district by LAFCO.

Staff, Board, election and other administrative costs were largely eliminated by the reorganization, but many of the District's healthcare functions continue, including ongoing membership on the Health Foundation board, and distribution of grants. Staff and administrative services are provided by the City of Concord, and the Concord City Council sits as the Board of the District.

The City of Concord represents nearly 80 percent of the District's population as described in **Table 3**, and Pleasant Hill residents comprise the remaining 20 percent. A small portion of the District includes about 800 residents of the unincorporated County.

Figure 4 CPHHCD Boundaries



By LAFCO action on August 8, 2012 Mt. Diablo Healthcare District was made a subsidiary district of the City of Concord, now serving the cities of Concord and Pleasant Hill. It was renamed Concord/Pleasant Hill Healthcare District on July 9th 2013.

Concord/Pleasant Hill Healthcare District
City Boundaries

Map created 07/25/2017 by Contra Costa County Department of Conservation and Development, GIS Group 30 Muir Road, Martinez, CA 94553 37:59:41.791N 122:07:03.756W
This map or dataset was created by the Contra Costa County Department of Conservation and Development with data from the Contra Costa County GIS Program. Some base data, primarily City Limits, is derived from the CA State Board of Equalization's tax rate areas. While obligated to use this data the County assumes no responsibility for its accuracy. This map contains copyrighted information and may not be altered. It may be reproduced in its current state if the source is cited. Users of this map agree to read and accept the County of Contra Costa disclaimer of liability for geographic information.



Table 3 Summary of Population and Area within the CPHHCD Boundaries

Area	Population		Area (sq.miles) (3)				
	Total City or Community (1)	District Population (2)(3) % Residents % Dist.	Total City or Community	District Area Sq. Miles % Dist.			
<u>INCORPORATED</u>							
Concord	128,370 (1)	99% 126,687 78.1%	30.53	29.59	79.9%		
Pleasant Hill	34,657 (1)	100% 34,657 21.4%	7.08	<u>7.08</u>	<u>19.1%</u>		
Total, Incorporated	163,027	99% 161,344 99.5%		36.67	99.0%		
<u>UNINCORPORATED</u>							
Other Unincorporated	<u>886</u> (3)	100% <u>886</u> <u>0.5%</u>		<u>0.35</u>	<u>0.5%</u>		
Total, Unincorporated	886 (1)	100% 886 0.5%		0.35	1.0%		
TOTAL	163,913 (1)	99% 162,230 100.0%	-	37.02	100.0%		

(1) Source: Cal. Dept. of Finance, Report E-1: City/County Population Estimates 1/1/17

(2) Census, American Community Survey, 5-year

(3) County of Contra Costa GIS, 2017-07-27; land area only.

8/1/17

HEALTH NEEDS IN THE DISTRICT

Health Needs Assessments prepared by hospitals serving the community prioritize obesity-related health issues. State data indicate a shortage of medical professionals within areas of the District.

Currently, the District does not actively evaluate healthcare needs within the District. It relies on input from local health providers and grant applicants to define and document the needs. For example, the District’s grant application requests a description of the community need, problem or issue addressed by the applicant’s program, and asks for inclusion of relevant information and studies specific to the District.³⁵ The District’s grant evaluation criteria assign a weighted score to the applicant’s demonstration that needs are addressed.³⁶

POPULATION GROWTH

As shown in prior **Table 1**, ABAG projects the cities of Concord and Pleasant Hill, which represent virtually all of the District’s population, to average 0.4% to 0.6% growth from 2015

³⁵ Application for Funding for FY 2016-17, Concord/Pleasant Hill Health Care District, Item 2.C.

³⁶ FY 2016/17 Concord/Pleasant Hill Health Care District Evaluation Criteria

through 2020. This growth rate would increase the District’s population by 3,800 residents. By 2040 ABAG estimates a 38% increase in the number of residents in the District’s cities compared to 2015.

DISADVANTAGED COMMUNITIES

Portions of the City of Concord, on its north and west sides, and portions of the City of Pleasant Hill, qualify as disadvantaged communities as shown on prior **Figure 2**.

MEDICALLY UNDERSERVED & HEALTH PROFESSIONAL SHORTAGE AREAS

As described and mapped in **Appendix B**, OSHPD designates areas with different types of medical professional shortages.

No medically underserved areas exist within the CPHHCD (see **Figure B-1**), no Dental Health Professional Shortage Areas (see **Figure B-3**), and no Mental Health Professional Shortage Areas (see **Figure B-4**) exist within the District. Areas within the District are designated as Primary Care Shortage Areas (see **Figure B-2**).

HEALTH NEEDS ASSESSMENTS

The JMH community health needs assessment (CHNA), which includes the territory of the CPHHCD, prioritized “Obesity, Diabetes, Healthy Eating, and Active Living”, followed by “economic security” and “Healthcare Access & Delivery, including Primary & Specialty Care.”³⁷ The Kaiser Foundation Hospital, which serves areas of the District, also identified obesity and related health issues as a top priority.³⁸

OTHER STUDIES AND INDICATORS

The District does not compile a “health profile”, but does require that grant recipients document the health needs that the grant funded program would address.

³⁷ 2016 Health Needs Assessment, John Muir Health.

³⁸ 2016 Community Health Needs Assessment, Kaiser Foundation Hospitals Oakland and Richmond, approved September 21, 2016.

FACILITIES AND SERVICES IN THE DISTRICT

Figure 5 indicates the locations of medical facilities within and proximate to the District. The City of Concord and adjacent communities are served by the John Muir Medical Center. As also noted for the LMCHD, the numbers of Central County’s emergency stations exceed County averages per capita. As noted above, areas within the District are designated as Primary Care Shortage Areas.

CPHHCD GOVERNANCE

LAFCO authorized the Concord City Council to serve as the ex officio³⁹ Board of Directors of CPHHCD.⁴⁰ Actions requested of the CPHHCD are included on City Council meeting agendas as necessary under “City Council Sitting as the Concord/Pleasant Hill Health Care District”.

The CPHHCD Board appointed five Concord residents to the Concord/Pleasant Hill Health Care District Grant Committee to make “annual recommendations for the ongoing allocation of property tax revenues directed at meeting the health care needs of the community.”⁴¹ Two Pleasant Hill residents were appointed to the Grant Committee by the Pleasant Hill City Council.

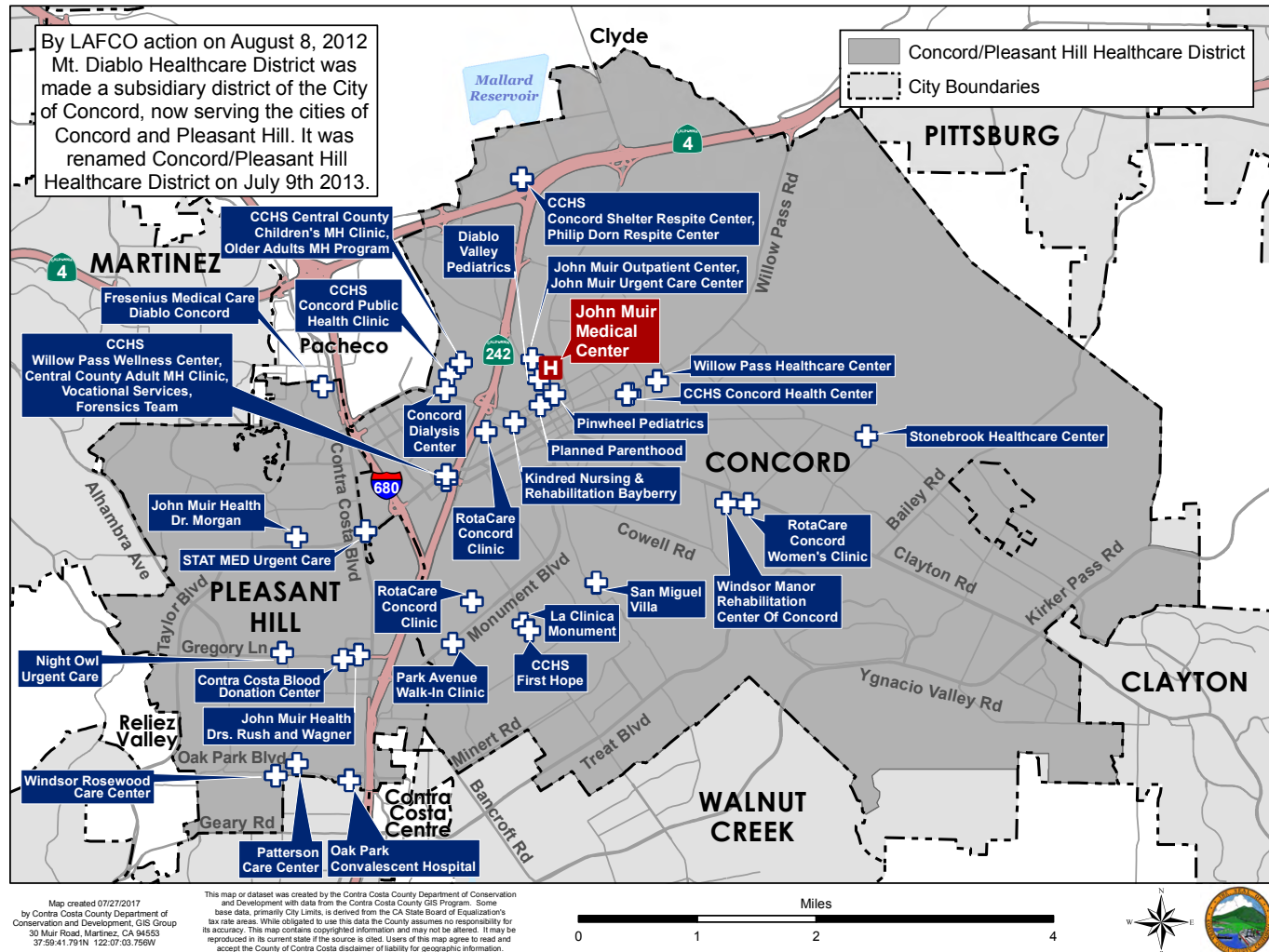
Participation by the former MDHCD on the John Muir Community Health Fund Board continued through the CPHHCD Board appointment of two Concord city councilmembers and one public representative. The City of Concord appointees joined the two representatives appointed by the City of Pleasant Hill and five John Muir members. The Community Health Fund Board directs the allocation of approximately \$1 million annually.

³⁹ Ex officio members of a board are serving on the board “by reason of their office,” rather than by being elected or appointed to the position.

⁴⁰ Contra Costa LAFCO, August 8, 2012, Resolution No. 12-02B, Resolution of the Contra Costa Local Agency Formation Commission Making Determinations and Approving the Mt. Diablo Health Care District Reorganization: Detachment of Territory and Establishment as a Subsidiary District.

⁴¹ Concord/Pleasant Hill Health Care District web page,
<http://www.cityofconcord.org/page.asp?pid=7005> 2017-06-20.

Figure 5 Health Care Facilities in the CPHHCD



ACCOUNTABILITY

The City Council sits as the governing body of the District, and meetings are noticed and materials included as a part of the City's council meetings. Information about the District is included on the City's website, and District financial reports are part of the City's audit process and included in City financial reports.

While the City integrates the District into the governance practices of the City, which is a cost-effective practice, this consolidation does not promote best practices that encourage transparency. For example:

- The City's website lists the District under its "Quicklinks" menu and links to a page providing a description of the District and related information;⁴² but the District does not otherwise have its own listing under the "Government" menu (with the exception of the District Grant Committee shown under "Government/City Agendas and Videos"⁴³).
- The District is listed under the City's website "About" page, under the heading "City Projects and Initiatives".⁴⁴
- The City's online calendar shows meetings of the District's Grant Committee, but does not indicate meetings of the District Board (City Council sitting as the Board). Similarly, a link exists to the Grant Committee's agendas, but not to District Board agendas.
- The City's main website menus identify "Community Grants" which includes information only about District grants; re-labeling this page to indicate that the link will go to the District's grant page would improve transparency.
- On the City's website, the District's name is often abbreviated, making its identification more difficult.
- The City's financial reports include a separate accounting for the District, however, the District reports are not separately posted on the City's website (and/or on the District webpage).
- Other than the webpages noted above, there is no apparent public outreach to inform residents of District activities, for example, through sign-ups to emailings which are available for other City purposes.

Public outreach is conducted to inform residents of District activities. The notice of available funding and the kickoff meeting for each grant cycle is sent to approximately 600 individuals and

⁴² <http://www.cityofconcord.org/page.asp?pid=7005>

⁴³ <http://www.cityofconcord.org/page.asp?pid=05>

⁴⁴ <http://www.cityofconcord.org/page.asp?pid=06>

agencies on the City's interested parties list. The notice is posted on the City's website and in local newspapers thirty days prior to the kickoff meeting. Agendas for each meeting of the Grant Committee during the application review process are posted at City Hall and on the City's website. The Committee's funding recommendations are sent to all applicants and are posted 30 days prior to the Public Hearing. The Public Hearing is properly noticed.

Although the District is a subsidiary district to the City of Concord, which means that the Concord City Council serves as its board, the District serves other communities and is a legal entity separate from the City. This distinction should be more explicit through the separate presentation of information about the District.

CPHHCD GOALS, POLICIES AND PLANS

The CPHHCD Strategic Plan describes the District's mission:

"The Concord/Pleasant Hill Care District is dedicated to improving the health of people and communities within the Health Care District by funding needed health programs, engaging in health collaborations, and promoting and advocating for needed changes in health policies."⁴⁵

The Strategic Plan identifies funding priorities to guide its allocation of grants. The two priorities are:

- 1) **Health Access** - Increase access to medical, dental, mental health, and optometry health services; access to related transportation services and assistance in accessing health services, and making services geographically more accessible; and increasing provider competencies through training and/or technology.
- 2) **Healthy Lifestyle** - Promote healthy lifestyles by improving access to health information and nutritional choices, exercise and fitness programs, prevention programs, and social services that compliment health care services and enhance well-being.

CPHHCD SERVICES

The District continued its predecessor's participation on the board of the John Muir/Mt. Diablo Community Health Fund (CHF), which was created when the Mt. Diablo hospital was acquired by John Muir. The CHF provides over \$1 million in grant funding to various agencies delivering services to residents of the region including primary care, specialty care, dental care, behavioral

⁴⁵ CPHHCD 2016-18 Strategic Plan.

health care, and healthy aging support services for conditions that range from cancer and chronic disease through dental care and mental illness.⁴⁶

In addition to its participation in the grant activities of the CHF, CPHHCD provides grants to healthcare service providers.

GRANT POLICIES

As described above in “CPHHCD Goals, Policies and Plans”, the CPHHCD’s grant priorities are: 1) health access; and 2) healthy lifestyles. These goals are generally aligned with priorities identified by Health Needs Assessments.

The District’s grant evaluation criteria evaluate whether and how grant applications identify and address needs and community benefits within one or both of these priorities, and weight the outcome by 60 out of 100 total evaluation points. The remaining 40 points are allocated for organizational and administrative capacity, partnerships and collaboration with other local agencies and financial review. The grant process requires that applicants submit supporting materials to demonstrate how their service or activity meets identified needs. In addition, during the grant process each applicant agency is required to provide a presentation to the Grant Committee detailing how their program or project meets the requirements of the program and the needs of the District. These presentations are noticed to the community and the public is invited to attend.

GRANT COMMITTEE

The District documents the purpose and responsibilities of its Grant Committee. The purpose of the committee is to “review applications from local agencies that provide programs that promote health access or healthy lifestyles, and make funding recommendations to the District’s Board of Directors (City Council).”⁴⁷

The Grant Committee consists of seven members – the City of Concord appoints five and the City of Pleasant Hill appoints two, roughly proportionate to their respective populations within the District.

The Committee makes grants on a two-year cycle followed by a three-year cycle, holding regular meetings during the first year of the cycle and meeting as needed in subsequent years. Agencies

⁴⁶ <http://www.jmmdcommunityhealthfund.com>

⁴⁷ Concord/Pleasant Hill Health Care District Grant Committee: Purpose & Responsibilities, July 12, 2017

meeting their performance goals and demonstrating appropriate expenditure of grant funds are awarded the second or third year of their grant award. This approach streamlines the grant process by reducing the application and reporting burden of the agencies and the time requirement of the Committee.

GRANT AWARDS

Table 4 shows grants awarded for FY2017-18. The table lists 17 grants generally ranging from \$10,000 to \$25,000. As noted by the District, most of the agencies awarded grants provide services to Central Contra Costa County, or Countywide. The District requires that grant recipients report the number of District residents served by its programs.

Upon its initial formation as a subsidiary district, the District utilized its Community Development Block Grant (CDBG) committee to evaluate and award grants. The District's grant process generally is modeled after its CDBG process, although it now utilizes a separate committee for awarding health care-related grants. The District found that its current structure enables the District to focus on healthcare needs and services.

Table 4 Summary of CPHHCD FY16-17 Grants

Agency	Program	FY 2016/17	Recommended FY 2017/18
Choice in Aging (1)	Adult Day Health Care: Comprehensive Health Care for Frail Seniors	\$22,000	\$22,000
Contra Costa Crisis Center	Health Access 24-7: 211 Information & Referral	\$22,000	\$22,000
Contra Costa Family Justice Alliance	Family Justice Center	\$22,000	\$22,000
Food Bank of Contra Costa and Solano	Food Bank - Community Produce Program	\$16,000	\$16,000
Meals on Wheels of Contra Costa, Inc.	Meals for Concord/Pleasant Hill Homebound Elders	\$16,000	\$16,000
Meals on Wheels and Senior Outreach Services	Senior Total Health Management Initiative	\$13,000	\$13,000
Monument Crisis Center	Healthy PH/C Healthy Pleasant Hill Healthy Concord	\$25,000	\$25,000
Mt. Diablo USD CARES After School Program	Making a Healthy Lifestyle Your	\$10,000	\$10,000
Ombudsman Services of Contra Costa	Ombudsman Services of Contra Costa	\$16,000	\$16,000
Pleasant Hill Senior Center	CC CafŽ Senior Nutrition Program	\$13,000	\$13,000
Rainbow Community Center	HIV/LGBT Senior Program	\$12,000	\$12,000
Rainbow Community Center	Youth Services	\$12,000	\$12,000
RotaCare Bay Area, Inc.	RotaCare Bay Area, Inc./Concord Clinic	\$22,000	\$22,000
STAND! For Families Free of Violence	Central County Domestic Violence Emergency Response	\$16,000	\$16,000
(The) Respite Inn (2)	Health and Fitness Program	\$13,000	\$0
Contra Costa County Health Services/Homeless Programs	CORE Outreach Team	<u>\$0</u>	<u>\$13,000</u>
TOTAL FUNDING		\$250,000	\$250,000

Source: Concord/Pleasant Hill Health Care District Grant Committee FY 2017/18 Funding Recommendations

(1) Formerly Rehabilitation Services of Northern California.

(2) 2016/17 Funding was a one-time grant for the purchase of exercise equipment.

COORDINATION WITH OTHER PROVIDERS

To maximize community benefit, the evaluation criteria used by the Grant Committee allocates ten points for partnerships and collaboration between applicant agencies and other local service providers. While there is no formal coordination with other health care providers, local representatives from John Muir Health and Contra Costa County Health Services are invited to speak to the Committee regarding local health needs. In addition, the Health Needs Assessments prepared by hospitals serving the area are provided to Committee members and are discussed during the application review process. The District requires applicants for funding

to identify the health needs to be addressed by their programs, and to submit appropriate supporting documentation.⁴⁸

CPHHCD PROPERTY

The CPHHCD does not own or operate any facilities. Its predecessor, formed in 1948 to build the Mt. Diablo Medical Center, subsequently transferred in 1996 all rights and title in the Mt. Diablo Medical Center, including land, buildings and equipment, to John Muir Health (JMH). In return, JMH is required to operate and maintain the District’s healthcare facilities and assets for the benefit of the communities served by the District.

CPHHCD FINANCES

The District’s FY16-17 revenues shown in **Table 5** consist primarily of property taxes. Grants account for 80 percent of District expenditures, and overhead for operating expense and staff represents 20 percent.

⁴⁸ Meeting with R.Berkson, LAFCO staff, and CPHHCD staff, 6/21/17.

Table 5 Summary of CPHHCD Revenues and Expenditures (FY2016-17)

Item	Actual FY 2016/17	% of Total
Beginning Balance (1)	\$56,600	
Revenues (2)		
Property Tax	\$292,300	92%
John Muir	25,000	8%
Interest	<u>400</u>	<u>0%</u>
Total Revenues	\$317,700	100%
Expenditures (2)		
Salaries and Benefits	\$46,700	17%
Services and Supplies	<u>10,100</u>	<u>4%</u>
Subtotal	56,800	20%
Grants	<u>221,500</u>	<u>80%</u>
Total Expenditures	\$278,300	100%
Net Total	\$39,400	
Ending Balance (3)	\$96,000	

(1) Beginning balance, City of Concord Combining Schedule for the Year Ended June 30, 2016

(2) City of Concord, Actual vs. Budget, Fund 530, FY16-17

(3) Ending balance estimated by Berkson Associates.

CPHHCD REVENUES

PROPERTY TAX

The \$20.5 billion of assessed value within District boundaries, shown in **Table 6**, generates approximately \$300,000 annually in District property taxes. Property taxes are the primary source of revenue, supplemented by an annual grant of \$25,000 from JMH.

Table 6 Summary of Assessed Value within the CPHHCD Boundaries

Area	Total A.V. Total City or Community (1)	District Assessed Value (1)		
		%	\$	% Dist.
<u>INCORPORATED</u>				
Concord	\$ 15,009,077,656	97%	\$ 14,580,088,762	71.2%
Pleasant Hill	\$ 5,725,256,425	100%	\$ 5,725,256,425	28.0%
Total, Incorporated	\$ 20,734,334,081	98%	\$ 20,305,345,187	99.2%
<u>UNINCORPORATED</u>				
Other Unincorporated				
Total, Unincorporated	\$ -		\$ 173,997,512	0.8%
TOTAL	\$ 20,734,334,081	99%	\$ 20,479,342,699	100.0%

(1) Source: Contra Costa County Assessor, 2017-18 Total A.V.

7/26/17

CPHHCD EXPENDITURES

OVERHEAD AND ADMINISTRATION

The District utilizes the services of a part-time staff person, and allocates a share of City administrative overhead and expenses. Total overhead and administration represent 20 percent of District expenditures.

GRANTS

Grants to service providers represent 80 percent of District expenditures.

CPHHCD ASSETS AND LIABILITIES

The District’s assets consist of the net fund balance, estimated to be \$96,000 at the end of FY2016-17 (see prior **Table 5**).

When the District was reorganized as a subsidiary district of the City of Concord, LAFCO’s resolution required that the prior independent district, the Mt. Diablo Healthcare District,

“negotiate a fully-funded, closed plan with its existing health care beneficiaries resolving any currently unfunded health care benefit liability, solely utilizing District assets.”⁴⁹ Thus, the reorganization transferred no liabilities to the newly formed subsidiary district.

CPHHCD ORGANIZATIONAL ISSUES AND OPTIONS

The following sections describe each option and key opportunities and limitations.

- **Maintain the Status Quo** -- The current subsidiary district would continue. As noted in this report, the District is not clearly distinguished as a district separate from other City activities. Addressing these concerns, including additional public outreach, would improve adherence to transparency principles. Similarly, improvements in coordination with and use of health conditions information, in addition to relying on submittals of grant applicants, would also strengthen the nexus between District funding and its strategic goals. It is recognized that the District's limited resources constrain its ability to prepare detailed health profile and needs analysis, but existing data sources could be utilized at minimal cost.
- **Dissolution with Appointment of Successor for Winding-up Affairs** -- Dissolution would eliminate the District and its assets would be liquidated or distributed to other public agencies. LAFCO would appoint a successor agency to wind up the affairs of the District and manage the liquidation and distribution of assets.

The current MSR finds no justification for dissolution at this time, and therefore it is not evaluated further.

⁴⁹ Resolution No. 12-02B, Contra Costa LAFCO, passed and adopted June 29, 2012.

5. LOS MEDANOS COMMUNITY HEALTHCARE DISTRICT (LMCHD)

Figure 6 depicts the boundaries of the District. The LMCHD serves 97,000 residents residing primarily in the City of Pittsburg (72 percent) and unincorporated community of Bay Point west of Pittsburg. The District also includes about 2,000 residents of other unincorporated areas, and 2,400 residents of small portions of the cities of Antioch, Clayton and Concord. The District owns a former hospital building that it leases to the County of Contra Costa for use as the Pittsburg Health Center, the largest clinic operated by the County Health Services Department, with over 100,000 visits per year, and supports various healthcare-related programs through grants and direct support.

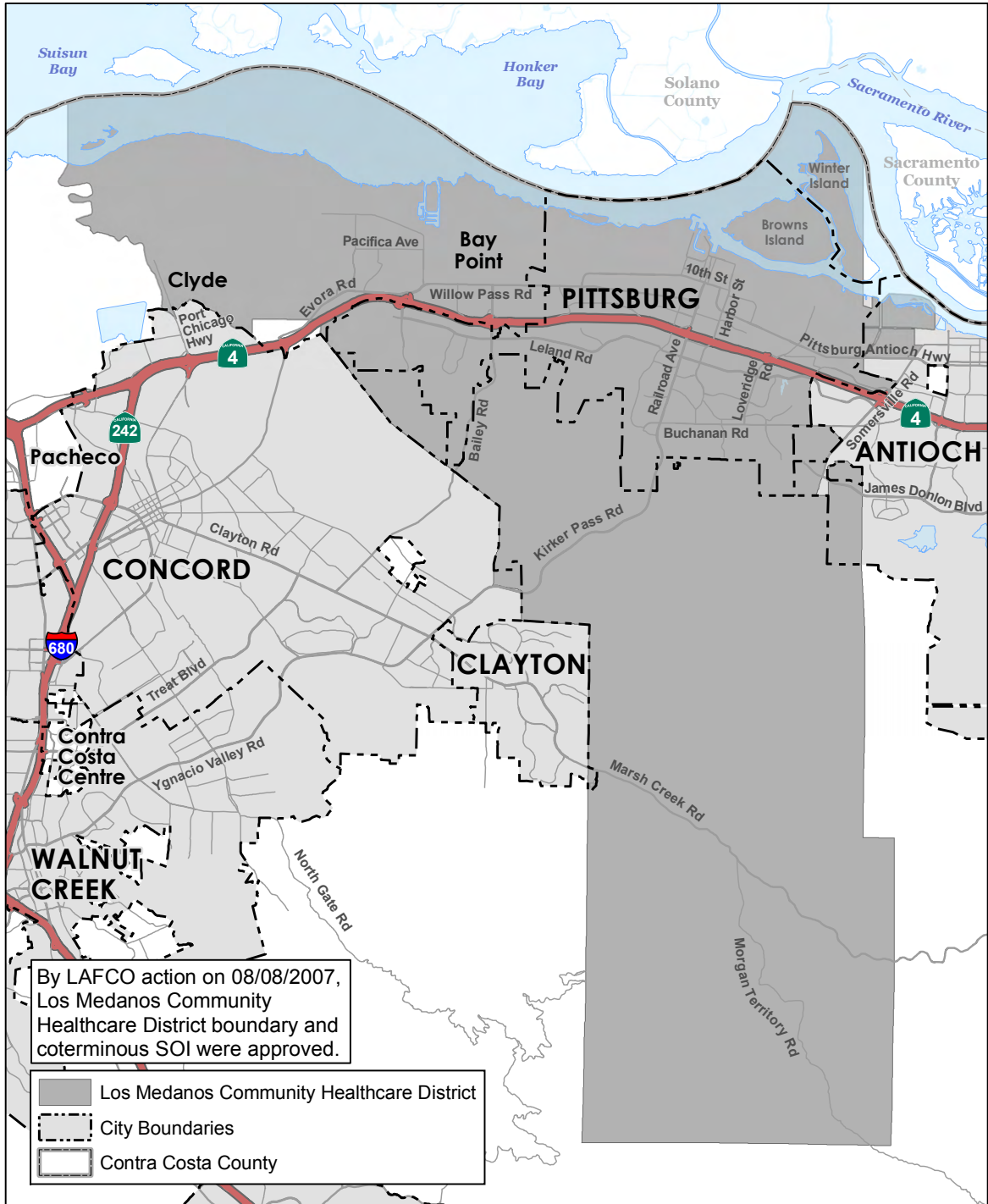
The LMCHD was formed in 1946 for the purpose of constructing a hospital to serve the community. The District filed for Chapter 9 bankruptcy in 1994 and closed its hospital. The District's bankruptcy obligations were largely repaid by 1997.⁵⁰

The bankruptcy Plan required an assignment of rents to OSHPD from lease of the hospital building as consideration for OSHPD loans provided to LMCHD through OSHPD's Cal-Mortgage Division. An agreement in 2000 specified that cessation of revenues from the hospital building would trigger an obligation due to OSHPD.

Since the bankruptcy, the District has pursued its goals by developing and funding a range of community health programs.

⁵⁰ Snapshot of LMCHD History, LMCHD Strategic Plan 2011-2016, Adopted October 2010. The bankruptcy Plan for the Adjustment of Debt is dated August 18, 1998.

Figure 6 LMCHD Boundaries



By LAFCO action on 08/08/2007, Los Medanos Community Healthcare District boundary and coterminous SOI were approved.

- Los Medanos Community Healthcare District
- City Boundaries
- Contra Costa County

Map created 07/25/2017 by Contra Costa County Department of Conservation and Development, GIS Group 30 Muir Road, Martinez, CA 94553 37:59:41.791N 122:07:03.756W

This map or dataset was created by the Contra Costa County Department of Conservation and Development with data from the Contra Costa County GIS Program. Some base data, primarily City Limits, is derived from the CA State Board of Equalization's tax rate areas. While obligated to use this data the County assumes no responsibility for its accuracy. This map contains copyrighted information and may not be altered. It may be reproduced in its current state if the source is cited. Users of this map agree to read and accept the County of Contra Costa disclaimer of liability for geographic information.

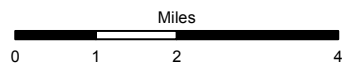


Table 7 details the District’s population and area by jurisdiction. As previously noted, the City of Pittsburg and the Bay Point community represent the majority of District residents. Small portions of the District fall within the cities of Antioch, Clayton and Concord.

Table 7 Summary of Population and Area within the LMCHD Boundaries

Area	Population				Area (sq.miles) (3)		
	Total City or Community (1)	District Population (2)(3) %	Residents	% Dist.	Total City or Community	District Area Sq. Miles	% Dist.
<u>INCORPORATED</u>							
Pittsburg	69,818 (1)	100%	69,818	72.2%	16.28	16.25	20.5%
Antioch	114,241 (1)	2%	2,120	2.2% (3)	29.33	1.44	1.8%
Clayton	11,284 (1)	1%	68	0.1%	3.83	0.04	0.0%
Concord	<u>128,370</u> (1)	0.2%	<u>225</u>	<u>0.2%</u>	30.53	<u>0.13</u>	<u>0.2%</u>
Total, Incorporated	323,713	22%	72,231	74.6%	-	17.86	22.5%
<u>UNINCORPORATED</u>							
Bay Point	22,473 (2)	100%	22,473	23.2%	3.24	3.24	4.1%
Clyde	751 (2)	100%	751	0.8%	0.15	0.15	0.2%
Other Unincorporated	<u>1,305</u> (3)	100%	<u>1,305</u>	<u>1.3%</u>	-	<u>58.03</u>	<u>73.2%</u>
Total, Unincorporated	24,529 (1)	100%	24,529	25.4%	-	61.41	77.5%
TOTAL	348,242 (1)	28%	96,760	100.0%	-	79.27	100.0%

(1) Source: Cal. Dept. of Finance, Report E-1: City/County Population Estimates 1/1/17

(2) Census, American Community Survey, 5-year

(3) County of Contra Costa GIS, 2017-07-27; land area only.

HEALTH NEEDS IN THE DISTRICT

A report prepared in 2013 by Contra Costa Health Services identified a number of health issues affecting communities within the District, where “rates of poverty, deaths from chronic diseases, and childhood overweight/obesity are similar to, or in some cases higher ...than the county as a whole.”⁵¹ State data identifies health service shortfalls within the District’s boundaries. Population growth and demographic changes, and uncertain changes in healthcare funding create an imperative to maintain and improve healthcare services in the area. The following sections provide an overview of factors indicating health needs in the District.

⁵¹ Health Indicators and Environmental Factors Related to Obesity for Antioch, Bay Point, and Pittsburg, Contra Costa Health Services, May 2013.

POPULATION GROWTH

As shown in prior **Table 1**, ABAG projects the City of Pittsburg, which includes 72 percent of the District’s population, to grow by about 1.6 percent annually. Over the period from 2015 through 2020, this rate of growth would increase the District’s population by about 4,400 residents. ABAG projects longer-term growth to continue, increasing the need for healthcare services accordingly; ABAG estimates, by 2040, the District’s resident population will grow by 36 percent compared to 2015.

DISADVANTAGED COMMUNITIES

The unincorporated communities of Clyde and Bay Point, and much of the City of Pittsburg, qualify as Disadvantaged Communities as shown in prior **Figure 2**.

MEDICALLY UNDERSERVED & HEALTH PROFESSIONAL SHORTAGE AREAS

As described and mapped in **Appendix B**, OSHPD designates areas with different types of medical professional shortages.

No medically underserved areas exist within the LMCHD (see **Figure B-1**), and no Dental Health Professional Shortage Areas (see **Figure B-3**) exist within the District. Areas in Pittsburg and Bay Point are designated as Mental Health Professional Shortage Areas (see **Figure B-4**) and Primary Care Shortage Areas (see **Figure B-2**).

HEALTH NEEDS ASSESSMENTS

The Kaiser Foundation Hospital-Antioch 2016 Community Health Needs Assessment (CHNA) described and prioritized health issues within its service area, which includes Pittsburg and the LMCHD service area, as well as Antioch. The top two health category priorities included: 1) Economic Security; and 2) Obesity, Diabetes, Healthy Eating, and Active Living.

Although the District’s 2017 Health Profile does not reference the CHNA data and findings, many of its funded programs do address these issues. The District’s Strategic Plan also describes these issues; however, the Plan has not been updated since the original 2011 Plan, and therefore does not reference this information.

OTHER STUDIES AND INDICATORS

In 2013, the County Health Services Department produced a report describing health issues related to obesity in the Antioch, Bay Point and Pittsburg areas.⁵² The report provided an impetus for the formation of the Healthy and Livable Pittsburg Collaborative which includes the LMCHD as a member. The Collaborative produced a Community Action Plan that includes, as described by the Collaborative, “five long-term outcomes focused on nutrition and health education, physical activity, community engagement, physical environment, and policy. Each long-term outcome includes activities and their expected intermediate outcomes that will lead to an improvement of the health status of Pittsburg residents.”⁵³

FACILITIES AND SERVICES IN THE DISTRICT

Figure 7 indicates the locations of medical facilities within and proximate to the District. While there are no acute care hospitals within the District, a number of major facilities exist in adjacent communities, as shown in prior **Figure 3**, “Hospitals in Contra Costa County”. In general, East County’s emergency stations are similar to County averages per capita. Within District boundaries are several clinics and healthcare centers, including the CCHS Pittsburg Health Center in the District’s building leased by the District to the County. Since 1998, the County has paid in excess of \$24 million for capital improvements to the Pittsburg Health Center.⁵⁴

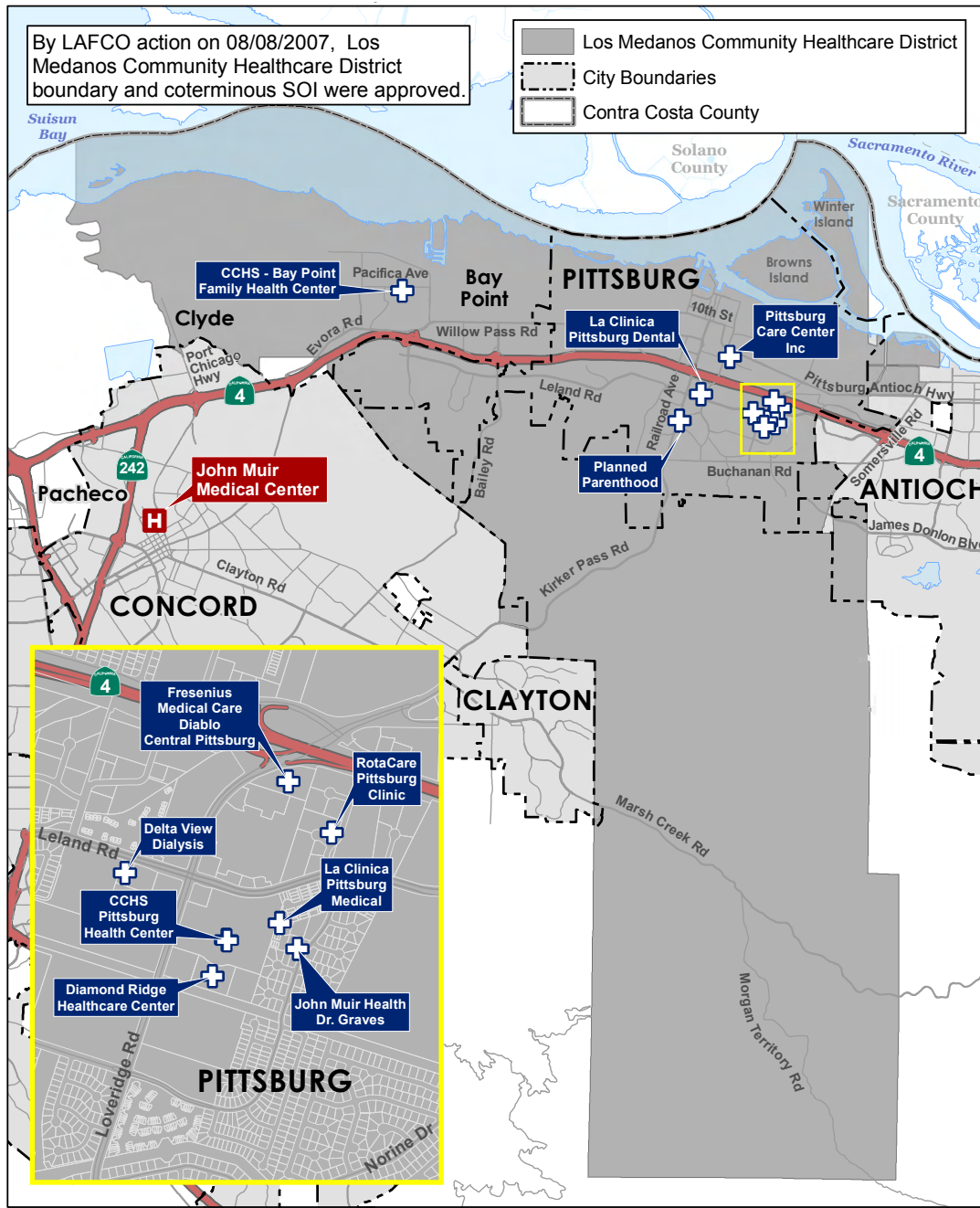
As previously noted, areas in Pittsburg and Bay Point are designated as Mental Health Professional Shortage Areas and Primary Care Shortage Areas.

⁵² Health Indicators and Environmental Factors Related to Obesity for Antioch, Bay Point, and Pittsburg, Contra Costa Health Services, May 2013.

⁵³ The Healthy & Livable Pittsburg Collaborative Community Action Plan Summary.

⁵⁴ Board of Supervisors Resolution No. 2017/384, Dated November 7, 2017.

Figure 7 Health Care Facilities in the LMCHD



Map created 07/27/2017 by Contra Costa County Department of Conservation and Development, GIS Group 30 Mar Road, Martinez, CA 94553 37:59:41.791N 122:07:03.756W

This map or dataset was created by the Contra Costa County Department of Conservation and Development with data from the Contra Costa County GIS Program. Some base data, primarily City Limits, is derived from the CA State Board of Equalization's tax rate areas. While obligated to use this data the County assumes no responsibility for its accuracy. This map contains copyrighted information and may not be altered. It may be reproduced in its current state if the source is cited. Users of this map agree to read and accept the County of Contra Costa disclaimer of liability for geographic information.



LMCHD GOVERNANCE

Table 8 shows current Board membership. No contested elections are apparent for at least the past ten years. The District’s bylaws are posted on their website and were last revised in 2004.⁵⁵

Table 8 LMCHD Board Members

Position	Name	Term Began	Term Expires
President	Replacement to be appointed Dec. 11, 2017		
Vice President	Vern Cromartie	Elected Nov. 2004	Nov. 2020
Treasurer	Linda Strong	Elected Nov. 2010	Nov. 2018
Secretary	Arthur Fountain	Elected Nov. 2014	Nov. 2018
Board Member	Lloyd Lee Mason	Appointed July 2017	Nov. 2018

Source: LMCHD Response to LAFCO Data Request, Appx. L, rev'd. 11/29/17

The LMCHD is in the process of interviewing candidates to fill the position vacated by the former Board president Emmanuel Ogunleye. The District anticipates designating a replacement at its meeting in December 2017.

ACCOUNTABILITY

Public Outreach

The District healthcare needs are identified through organizational and online surveys, community outreach by the Executive Director, holding community meetings, and talking with community stakeholders.

The LMCHD Internship Program received the CSDA 2015 Exceptional Public Outreach and Advocacy Award on September 23, 2015.

⁵⁵ LMCHD Bylaws, Rev. 2/11/04. See website section: public info section/transparency docs <http://lmchd.org/php/misc.php>

Transparency

The Special District Leadership Foundation (SDLF) presented a “District Transparency Certificate of Excellence” to LMCHD in 2016;⁵⁶ this award required a broad range of documents and actions demonstrating that the District has met established criteria for governance “transparency”.

The District follows many of the policy and practices recommended by the SDLF, including:

- Board members attend Association of California Healthcare Districts (ACHD) and the California Special District Association (CSDA) for governance, ethics, financial practices, and leadership training. The Executive Director is a member of and has received training from the American College of Healthcare Executives.
- Statements of Interest Forms (FPPC form 700) are filed in the LMCHD office and with the clerk of the board. The LMCHD Conflict of Interest Code on its website.
- The District reported that it provides budget data annually to the State Controller’s Office,⁵⁷ although the data was provided late, according to the SCO.⁵⁸

A review of the District’s website⁵⁹ and other documents indicates that the District does not meet a number of SDLF criteria including (but not limited to):

- The District maintains a website; however, it includes information that is outdated and in some cases not well organized or difficult to find. The District indicated that it is in the process of “reviewing and updating its website to fix any broken links, eliminate outdated information, and provide recent board packets and minutes.”⁶⁰
- Information on the website regarding current officer and their terms is not accurate, e.g., terms are shown that are inconsistent with information in LAFCO’s Directory. The District is correcting this information.

The website includes important information, e.g., minutes of meetings, however in many cases the information is difficult to find. Other sections are not well-organized, e.g., important policies are placed in a location designated “transparency documents” rather than in a location that indicates the type of information.

⁵⁶ LMCHD response to LAFCO followup data request, 11/22/17.

⁵⁷ LMCHD response to LAFCO data request.

⁵⁸ According to an email received by R.Berkson from Cal. SCO 11/02/17, the LMCHD FY 2015-16 financial transactions report was received on 3/17/2017, which was late.

⁵⁹ <http://lmchd.org/>

⁶⁰ LMCHD response to LAFCO data request.

Finance and Human Resources Best Practices

The District adheres to many of the policies and procedures identified as “best practices” by the Special District Leadership Foundation (SDLF),⁶¹ including:

- The Board receives and reviews reports on financial investments every month, including investments with the Local Agency Investment Fund (LAIF)
- The District regularly conducts training workshops for the Board for training purposes and planning
- Annual reviews occur of staff job descriptions and salaries, in accordance with the District’s Personnel Handbook
- The District has adopted the State Controller’s Office Internal Control Guidelines⁶²
- A District committee periodically looks at internal control policy (the last review took place in March 2017)⁶³
- The District’s finance committee reviews revenues and expenditures monthly; expense receipts, subject to District policies, are submitted and reviewed by the Executive Director, and budget amounts are established annually for major expenditures
- Procurement policies dictate a competitive bid process and Board review

The District has established policies for the process of fund transfers between its investment account and its checking account.⁶⁴

Grant Process

Consistent with the District’s Strategic Plan, the District provides grant applicants with guidelines for preparation of their submittal, review and follow-up.⁶⁵ The guidelines describe the District’s goals and require the applicant to specify the health needs that the grant-funded program will address.⁶⁶ Grant applications are reviewed and scored at a Grants and Policy

⁶¹ Special District Leadership Foundation (SDLF), High Performing District Checklist, Finance and Human Resources.

⁶² See http://www.sco.ca.gov/Files-AUD/2015_internal_control_guidelines.pdf

⁶³ LMCHD response to LAFCO data request.

⁶⁴ LMCHD Resolution No. 151108 Adopting the bank/investment account creation, access, and monitoring policy.

⁶⁵ Ibid, LMCHD Strategic Plan, Goal 1, Strategy 1.1, Action Step 5 (pg. 18).

⁶⁶ See “LMCHD_2017_SummerHealthWellnessProgram_Application.pdf” for application form, and “LMCHD_2017_SummerHealthWellnessProgram_Guidelines.pdf” for grant requirements.

Committee Study Session,⁶⁷ then reported and approved at board meetings; funds are withheld if application requirements are not met (e.g., documentation of non-profit status; plan for use of funds). Interim and final reports are required by the District in a standardized format requesting description of outcomes.⁶⁸ Site visits are reported by the Executive Director at Board meetings.

LMCHD GOALS, POLICIES AND PLANS

LMCHD's Strategic Plan for 2011-2016 describes five goals, as well as strategies and specific actions to achieve the goals.⁶⁹ The Plan includes measurable outcomes to provide a means to assess the District's progress and accomplishments. The Plan was adopted in 2010 but has not been revised since. The District indicated that it currently is updating the Plan.⁷⁰

The Strategic Plan includes the following goals:⁷¹

- Goal 1:** LMCHD will improve availability of and access to direct health and mental health services.
- Goal 2:** LMCHD will support preventative and public health efforts that promote and protect the personal, community, and environmental well-being and health of District residents.
- Goal 3:** LMCHD will engage in population-specific efforts to address the needs of those residents in the District that are historically underserved or particularly impacted by health disparities.
- Goal 4:** LMCHD supports research and educational programming.
- Goal 5:** LMCHD will work through the Board of Directors and Staff to establish solid, sustainable agency infrastructure components guided by fair and ethical governing principles and fiscally sound policies to ensure sufficient resources to achieve LMCHD's vision, mission, and strategic plan.

⁶⁷ LMCHD response to LAFCO followup data request, 11/22/17.

⁶⁸ See "LMCHD_2016_FallHealthGrantFundingProgram.pdf" and "LMCHD_DPAC_final_report_form.pdf" for reporting forms.

⁶⁹ LMCHD Strategic Plan 2011-2016, Adopted October 2010.

⁷⁰ LMCHD Response to LAFCO Request for Information, prepared by Godfrey Wilson, LMCHD Executive Director, received by Contra Costa LAFCO Sept. 21, 2017.

⁷¹ LMCHD Strategic Plan 2011-2016, Adopted October 2010.

LMHCD's Community Health Programs and lease of its building for use as a health clinic help to meet these goals. The District's grant application materials require that applicants provide information about how the recipients' programs address these goals, and follow-materials require documentation of expenditures and persons served.

The District reports the nature of the programs funded and persons served, although in many cases, the persons served appear to represent the total for a program as a whole, not just a portion attributable to the District's assistance and share of program funding. Follow-up reports are not available on the District's website. As shown in **Appendix D**, the District reported about 20,000 persons served directly by its Fall 2016 and Summer 2017 programs. In Fall 2016, the District reported that its funds and programs indirectly benefited all District residents (approximately 100,000 residents) in 2014 and 2015 combined.

LMCHD SERVICES

The District allocates a share of its revenues to funding health-related grants and programs that further its Strategic Plan goals. The District leases its former hospital building to the County of Contra Costa for use as the Pittsburg Health Center. The following sections further describe these services.

COMMUNITY HEALTH PROGRAMS

Table 9 describes community health programs funded by LMCHD property tax revenues, documented in the District's most recent financial report (FY15-16). **Appendix D** includes descriptions of recent grants and other program funding for the Fall of 2016 and Summer 2017. The lists include a total of 28 programs with grants generally ranging from \$5,000 to \$10,000 with some exceptions as shown.

Table 9 Summary of LMCHD FY15-16 Grants

Agency/Program	FY 2015/16
Student Eyeglasses Program	\$7,750
Youth Intern Program	\$4,682
African American Community Baby Shower	\$10,000
District Programs and Activities Committee	\$851
CPR/FAST	\$8,980
Pittsburg Swim Academy	\$20,900
Supervisor Glover’s Youth Summit	\$10,000
St. Vincent de Paul RotaCare	\$30,000
Health and Wellness Fall Allocation	\$85,988
Health and Wellness Summer Allocation	\$75,359
Board Community Benefit Fund	\$10,300
Community Garden	\$3,759
TOTAL FUNDING	\$268,569

Source: LMCHD Annual Financial Report, June 30, 2016, Note 6 pg. 28

As shown below in **Table 10**, LMCHD’s Community Funding has generally increased since FY12-13. However, the funding has declined as a percent of total property tax revenues from about 49% down to a projected 42% in FY17-18.

Table 10 Summary of LMCHD Grants as a % of General Fund Revenues

Item	FY12-13	FY13-14	FY14-15	FY15-16	Budget* FY16-17	Budget* FY17-18
Community Funding	\$327,404	\$291,216	\$216,018	\$278,149	\$333,875	\$397,875
Outreach, Program Development & Admin.	<u>17,555</u>	<u>88,322</u>	<u>87,044</u>	<u>60,527</u>	<u>31,500</u>	<u>14,000</u>
Total	\$344,959	\$379,538	\$303,062	\$338,676	\$365,375	\$411,875
% of General Fund Revenues	49%	48%	35%	35%	40%	42%

Source: LMCHD Financial Reports and Budgets

* Budget estimates do no include admin. allocation (approx. \$41,400 in FY15-16).

The LMCHD website lists awards that it has received in recent years, including:

- CSDA 2014 Innovative Program of the Year Small District Award "Summer Intern Program".
- Contra Costa Board of Supervisors-- Federal Glover Certificate of Recognition LMCHD Community Garden 2014 Contra Costa Leadership Sustainability Award.
- California State Senate Mark DeSaulnier Certificate of Recognition "LMCHD Community Garden" Leadership in Sustainability Award Finalist.
- California State Assembly --Susan Bonilla Certificate of Recognition 2014 Contra Costa Leadership in Sustainability Award Finalist.

COORDINATION WITH OTHER PROVIDERS

- Through its grants and programs, the District helps to fund about 30 community agencies.
- The District's Health Profile utilizes County-generated information about health needs, however, much of the data is five to ten years old.
- The District participates in the Healthy and Livable Pittsburg Collaborative (HLPC), a collaboration of multiple agencies and service providers.
- The District indicated that it coordinates with a number of agencies including Contra Costa County Public Health for data, school districts, Kaiser Permanente, the City of Pittsburg Police Department, and other community agencies funded by the District.⁷²

LMCHD PROPERTY

The District leases its former hospital building at 2311 Loveridge Road to the County of Contra Costa for its use as the Pittsburg Health Center. The building is 130,900 square feet; District offices are adjacent to the building.

The number and type of services of the Pittsburg Health Center include "Women, Infants and Children (WIC), immunizations, labs, new exam rooms."⁷³ The District notes that it encourages its "other service providers, Reading Advantage Smart Baby Program, Community Forums, and Center for Human Development to collaborate with the Pittsburg Health Center."⁷⁴

⁷² LMCHD response to LAFCO Data Request, Question 2A.

⁷³ LMCHD response to LAFCO Data Request. For more information about the clinic, see <https://cchealth.org/centers/pittsburg.php>

⁷⁴ *ibid*, LMCHD response to LAFCO Data Request.

The County of Contra Costa pays the District \$100,000 per year for the use of the District's former hospital building, in accordance with the lease negotiated during the bankruptcy settlement process.⁷⁵ The initial lease term expires July 31, 2018; lease extension and payments are being negotiated.

The last estimate of the building's fair market value was \$9,450,000, according to a CBRE appraisal dated May 17, 2011.⁷⁶ The LMCHD audit report for FY15-16 reported a depreciated value for the land and building of \$2.47 million. The audit report does not appear to include the reported \$24 million of capital improvements to the Health Center funded by the County.⁷⁷

The 2007 MSR described LMCHD plans for building improvements. According to the District "The renovation of the building is 95% complete... There are new completed improvements include modification of the entrance to the LMCHD office from the hospital, ADA ramp installation, LMCHD signs, and ADA parking lot renovations."⁷⁸ The District funded an initial ADA study from its General Fund, then improvements were funded by the County.⁷⁹

The District has no Capital Improvement Plan or facility plan providing assessments of building conditions. At its October 2017 meeting, the District's Finance Committee discussed creation of a capital reserve policy.⁸⁰ The County is contractually responsible for maintaining and/or making improvements to the building.⁸¹

LMCHD FINANCES

As shown in **Table 11**, the District spent about 35 percent of its annual General Fund revenues for community health programs in FY2015-16. About 36 percent of total General Fund revenues are expended for overhead (not including program administration and outreach), administration

⁷⁵ Lease, Los Medanos Community Hospital District to Contra Costa County for 2311 Loveridge Road, Pittsburg, California, 7/15/98.

⁷⁶ LMCHD response to LAFCO Request for Information.

⁷⁷ Amount of capital improvements since 1998 according to the County of Contra Costa, Resolution No. 2017/384.

⁷⁸ LMCHD response to LAFCO Request for Information.

⁷⁹ LMCHD response to LAFCO followup Request for Information, 11/22/17.

⁸⁰ LMCHD Finance Committee Agenda, Oct. 23, 2017.

⁸¹ LMCHD response to LAFCO Request for Information (see the Lease Agreement page 8 Section F).



and interest. Depreciation, a non-cash expense, of about \$160,000 is included in operating expenses.

Although the positive cash flows suggest the District could allocate additional funds to community health programs, reserves will be needed to pay for increased payment obligations to OSHPD in future years.

Table 11 Summary of LMCHD Revenues and Expenditures (FY2015-16)

Item	Gen. Fund Actual FY 2015/16	% of Rev.	Business-type Activities	TOTAL	% of Rev.
Beginning Balance (1)	\$1,322,246		\$1,552,785	\$2,875,031	
Revenues (2)					
Property Tax	\$871,328	91%	\$0	\$871,328	
Charges for Services			\$100,000		
Other	<u>89,002</u>	<u>9%</u>	<u>0</u>	<u>89,002</u>	
Total Revenues	\$960,330	100%	\$100,000	\$1,060,330	100%
Expenditures (2)					
Salaries and Benefits	\$140,720			\$140,720	
Board Stipend	\$24,977			24,977	
Board Election	\$0			0	
Services and Supplies	<u>179,822</u>			<u>179,822</u>	
Subtotal (3)	\$345,519	36%	\$241,289	\$586,808	55%
<u>Community Health Programs</u>					
Community Funding	278,149	29%		\$278,149	
Outreach and Program Development	19,118	2%		19,118	
Program Administration	<u>41,409</u>	<u>4%</u>		<u>41,409</u>	
Subtotal	\$338,676	35%		\$338,676	32%
Total Expenditures	\$684,195		\$241,289	\$925,484	
Net Change (to beginning balance)	\$276,135	29%	(\$141,289)	\$134,846	13%
Transfer	(\$17,150)		17,150	0	
Ending Balance (4)	\$1,581,231		\$1,428,646	\$3,009,877	

(1) LMCHD Annual Financial Report, June 30, 2016, Statement of Activities, pg. 13, 16 w/prior yr adjustment.

(2) ibid, Financial Report, pg. 30.

(3) "Business-type Activities" expenditures include interest to OSHPD, depreciation, and misc. bldg. expenses.

(4) Minor additional reconciliation req'd in the audit for GAAP vs. budget accounting. 10/6/17

BUDGET FORECAST

As shown in **Table 12**, the District's FY17-18 budget projects an annual net cash flow for both of its funds combined of \$52,450⁸² and increased Community Health Program funding totaling \$411,875, or about 42 percent of General Fund revenues. Administrative expenses account for about 51 percent of total General Fund revenues. This administrative percentage will be less if County rent is included in total revenues, and if rent for the clinic increases above its current \$100,000 annually, assuming other costs and revenues remain relatively constant.

In FY2018-19 and the following year, budget outlays will increase by \$400,000 pursuant to the Bankruptcy Settlement Agreement payments to OSHPD. Unless lease revenues from the County increase above the current \$100,000 annually, the District will need to do some combination of the following: 1) draw down reserves by as much as \$300,000 to \$400,000 annually for each of the two years; 2) reduce expenditures for Community Health Program funding.

In FY2020-21 and subsequent years, the \$400,000 additional annual payment is no longer applicable, and payments are limited to lease revenues similar to current terms. After the OSHPD obligation is fulfilled January 1, 2026, lease revenues (currently \$100,000 annually) will accrue to the District.

⁸² Los Medanos Community Healthcare District 2017-2018 Budget, 6/22/2017.

Table 12 Summary of LMCHD Budgets (FY2016-17, FY2017-18)

Item	FY 2016/17 (1)			FY 2017/18 (2)		
	Gen. Fund Budget	% of Rev.	Business Activities	Gen. Fund Budget	% of Rev.	Business Activities
Revenues						
Property Tax	\$905,572	99%	\$0	975,758	98%	
Charges for Services			\$100,000			\$100,000
Other Property Tax-related		0%			0%	
Misc.	<u>4,600</u>	<u>1%</u>		<u>16,000</u>	<u>2%</u>	
Total Revenues	\$910,172	100%	\$100,000	\$991,758	100%	\$100,000
Expenditures						
Salaries and Benefits	\$214,400			\$258,100		
Board Stipend	24,000			24,000		
Board Election	71,316			0		
Services and Supplies	58,600			58,350		
County Fees/District Dues	22,600			23,600		
Insurance	36,500			36,500		
Legal Services	50,000			60,000		
Office Expenses	30,200			34,148		
Seminars/Travel	<u>14,000</u>			<u>15,000</u>		
Subtotal (3)	\$521,616	57%	\$123,100	\$509,698	51%	\$117,735
<u>Community Health Programs</u>						
Community Funding	333,875	37%		397,875	40%	
Outreach & Program Dev.	31,500	3%		14,000	1%	
Program Administration	<u>na</u>			<u>na</u>		
Subtotal	\$365,375	40%		\$411,875	42%	
Total Expenditures	\$886,991	97%	\$123,100	\$921,573	93%	\$117,735
Revenues Less Expenditures	\$23,181		(\$23,100)	\$70,185		(\$17,735)
Transfer	(\$23,100)	3%	\$23,100	(\$58,135)		\$58,135
Net Change after Transfer	\$81		\$0	\$12,050		\$40,400

(1) LMCHD 2016-2017 Adopted Budget.

(2) LMCHD 2017-2018 Adopted Budget, 06/22/2017.

(3) "Business Type" activity expenditures include debt (P&I), security, repairs/maint. (landscape), and property taxes. Depreciation is not included.

11/30/17

LMCHD REVENUES

PROPERTY TAX

Over 90 percent of the District’s annual revenues derive from its share of property taxes paid within the district boundaries, generated by assessed value shown in **Table 13**. In FY16-17 property taxes totaled nearly \$1 million. This revenue grows with improvements in real estate values, depending on how many properties sell and are re-assessed at market value, and/or the amount and value of new development. The District receives a small amount of property tax pass-throughs from former redevelopment project areas that continue to retain tax increment to repay debt.⁸³

Table 13 Summary of Assessed Value within the LMCHD Boundaries

Area	Total A.V. Total City or Community (1)	District Assessed Value (1)		
		%	\$	% Dist.
<u>INCORPORATED</u>				
Pittsburg	\$5,984,286,726	100%	\$5,983,988,937	76.0%
Antioch	9,895,423,599	4%	355,310,495	4.5%
Clayton	2,118,878,268	1%	18,556,388	0.2%
Concord	<u>15,009,077,656</u>	0.2%	<u>34,251,052</u>	<u>0.4%</u>
Total, Incorporated	\$33,007,666,249	19%	\$6,392,106,872	81.2%
<u>UNINCORPORATED</u>				
Bay Point				
Clyde				
Other Unincorporated				
Total, Unincorporated			\$1,478,812,538	18.8%
TOTAL			\$7,870,919,410	100.0%

(1) Source: Contra Costa County Assessor, 2017-18 Total A.V.

10/16/17

OTHER REVENUES

The County of Contra Costa pays the District \$100,000 per year for the use of the District’s former hospital building, in accordance with the lease negotiated during the bankruptcy

⁸³ Debts of the former County and City of Pittsburg redevelopment areas are not anticipated to be satisfied until 2036 and 2037, respectively (from the LMCHD response to LAFCO's followup data request, 11/22/17).

settlement process.⁸⁴ However, currently the entire amount is committed to OSHPD in repayment of the District’s bankruptcy debt default. The initial term of the lease agreement ends July 31, 2018; the County has the right to exercise two 5-year extensions with base rent to be negotiated.

LMCHD EXPENDITURES

OVERHEAD AND ADMINISTRATION

The FY15-16 financial report (see prior **Table 11**) showed administrative costs totaling \$345,500 or about 36% of total General Fund revenues. Including the \$41,400 administrative staff costs allocated to Community Health Programs, administrative costs total \$386,900 or 40% of General Fund revenues. Staff costs include payroll taxes and worker's compensation insurance; no benefits are provided. Board members are paid \$100 per meeting (maximum \$400 per month).

The FY17-18 budget reported in **Table 12** shows \$509,698 of total administrative expenditures, including staff costs that may subsequently be allocated to Community Health Programs. This administrative cost represents about 51% of total General Fund revenues.

The allocations to overhead are high, as they represent roughly half of total revenues, and exceed the amounts budgeted for community health programs and grants. By comparison, the CPHHCD allocates about 20 percent of revenues to overhead and administration. Federal grant programs default to 10 percent, although negotiated rates plus direct administration costs can significantly exceed these default rates. As another example, although on a different scale, the Contra Costa County budget shows expenditure of \$7.5 million for “Public Health Administration and Financial Management” out of \$50-\$70 mill total budget public health budget, or about 10 percent to 15 percent of the total budget.⁸⁵

Table 14 shows staff positions reported to the State Controllers Office. The FY17-18 budgeted staff expense increase compared to FY15-16 reflects the 2016 filling of the temporarily vacant CEO position, and the addition of one staff person.

⁸⁴ Lease, Los Medanos Community Hospital District to Contra Costa County for 2311 Loveridge Road, Pittsburg, California, 7/15/98.

⁸⁵ County of Contra Costa FY 2017-2018 Recommended Budget, Health and Human Services, FY17 actual and FY18 recommended.

Table 14 Summary of LMCHD Positions and Salaries, 2016 vs. FY17-18 Total

Administrative Position	Amount (1)
CEO	\$87,273
Secretary To Board Of Directors	54,160
Staff To Board Of Directors	39,194
Custodian	<u>3,340</u>
Total	\$183,967
FY17-18 Budget for Total Salaries (2)	\$234,000
Change since 2016	27%

- 1) Source: Government Compensation in California
Cal. Controllers Office, 2016, <http://publicpay.ca.gov/Reports>
- 2) FY17-18 Budget, 6/30/18 (excludes Workers Comp and Payroll Taxes).

In addition to the staff listed in **Table 14** above, the District in FY17-18 is contracting for other services including auditing services (\$9,000), accounting/bookkeeping (\$24,000), and legal services (\$60,000).

COMMUNITY HEALTH PROGRAMS

The District’s financial reports for FY15-16 show approximately \$340,000 expended for Community Health Programs. These expenditures include the following:

- **Community Funding** – funds provided directly to service providers.
- **Outreach and Program Development** -- direct expenses the District incurs in communicating with the community to develop new programs or refine existing ones. This category includes a grant writing contract, and expenses related to a community garden program.
- **Program Administration** -- the cost of the time devoted by the District's employees to the Community Benefit Program (grant administration).

The District indicates that the latter two categories of expenditures “are important to enabling the District to further the Community Benefit Program.”⁸⁶

⁸⁶ LMCHD response to LAFCO data request, question 9B.

OTHER EXPENDITURES

OSHPD

As required by the Settlement Agreement following District Bankruptcy, the District assigned to OSHPD all rent from the lease of the District's former hospital building lease to the County. This requirement applies during the initial lease term through July 31, 2018. During the initial lease term, lease payments are \$100,000 annually and are paid by the County directly to OSHPD.

For two years beginning August 1, 2018 the District's OSHPD obligation will be \$500,000 annually regardless of the amount of lease revenue collected. From August 1, 2020 through January 1, 2026 the obligation will require transfer of all rental income.

Enterprise Fund

Although the County transfers lease payments directly to OSHPD, the lease revenue and its expenditure to OSHPD are shown in the District's balance sheet and budget.

The District's financial reports report \$159,954 depreciation expense in FY15-16. Additional expenses include \$66,199 interest portion of the \$100,000 due to OSHPD. The balance of the \$100,000 payment to OSHPD, or \$33,801, represents a payment against the balance due to OSHPD for District Bankruptcy obligations. Additional expenses total \$17,150 for taxes and property expenses. Property insurance for the former hospital building is maintained by the County as required by the property lease.

The Enterprise Fund also pays for certain minor expenses related to its former hospital building which are not otherwise the responsibility of the County.⁸⁷ Expenses include, for example, security and landscaping.

LMCHD ASSETS AND LIABILITIES

ASSETS

According to the District's most current audit, the District's assets totaled \$4.2 million at the end of June 30, 2016.⁸⁸ About half of the total assets, or \$2.47 million, consists of the depreciated

⁸⁷ Under the terms of the lease with the District the County pays all costs of maintenance, repair and alterations to the facility. It has spent more than \$24 million for capital improvements to the property since 1998.

⁸⁸ LMCHD Annual Financial Report, June 30, 2016, Statement of Net Position, pg. 9.

capital asset value of the former hospital building and its land value. Unrestricted assets total \$1.67 million.

LIABILITIES

The District’s FY15-16 audit reports total liabilities of \$1,096,512 primarily consisting of the remaining principal balance due of \$948,651 on its obligation to OSHPD arising from the District’s bankruptcy.⁸⁹ The District's current amortization schedule indicates that the principal balance remaining as of August 2017 was \$768,463.⁹⁰ OSHPD’s original bankruptcy claim secured by the rents from the former hospital building was \$1.4 million, which was addressed in the agreement with LMCHD to assigned rental payments from the former hospital facility. The payment obligations are as follows:

08/01/1998 – 07/31/2018	\$100,000 per year
08/01/2018 – 07/31/2020	\$500,000 per year, minimum, regardless of the amount of rent actually paid/collected
08/01/2020 – 01/31/2026	all rental income, if any

Interest accrues on OSHPD obligation outstanding principal balances at an interest rate of 6.5 percent annually.⁹¹

RESERVE POLICIES

LMCHD’s financial policies require that “LMCHD will maintain an economic uncertainty reserve of at least 3% of total General Fund operating expenditures (including other financing).”⁹² The District’s unrestricted balance exceeds this policy level, which would require approximately \$25,000 of reserves.

At its October 2017 meeting, the District’s Finance Committee discussed creation of a capital reserve policy.⁹³

The District has adopted no other reserve policies.

⁸⁹ LMCHD Annual Financial Report, June 30, 2016, Statement of Net Position, pg. 9.

⁹⁰ Current amortization schedule received in LMCHD's response to LAFCO's followup data request.

⁹¹ LMCHD Annual Financial Report, June 30, 2016, Note 5 pg. 26 re: Settlement Agreement.

⁹² See LMCHD website section /Public Info/Transparency Docs/AccountingPoliciesProcedures.pdf.

⁹³ LMCHD Finance Committee Agenda, Oct. 23, 2017.

LMCHD ORGANIZATIONAL ISSUES AND OPTIONS

- **Maintain the Status Quo** -- The current District would remain intact, and the Board of Directors would continue to be an elected governing body and conduct District business.⁹⁴ In the near-term (e.g., next two years), increased OSHPD payment obligations could reduce net funds available for Community Health Programs. Currently the District spends about \$340,000 annually, or one-third of annual revenues, for community funding, outreach and program development, and program administration. After the OSHPD obligation is retired in 2026, funds currently paid to OSHPD will thereafter become available for Community Health Programs. The total amount available will change if the District renegotiates its lease agreement with the County.
- **Dissolution with Appointment of Successor for Winding-up Affairs** -- Dissolution would eliminate the LMCHD as a special district in Contra Costa County. On November 16, 2017, Contra Costa County submitted an application to LAFCO asking the Commission to consider dissolving the LMCHD. If dissolution is approved, LAFCO would appoint a successor agency to wind up the affairs of the LMCHD and manage the liquidation and distribution of assets and satisfaction of District obligations.⁹⁵ The future use of the District's former hospital building would no longer be under the control of the District or dedicated to healthcare purposes unless dictated by LAFCO terms and conditions. Current District property tax revenues would be distributed to other taxing entities within the same Tax Rate Area, unless the County otherwise dedicates the revenue to specific purposes as directed by LAFCO terms.
- **Reorganization with Creation of a New District (CSA) to Continue Services** -- LAFCO has the ability to create a CSA to continue service provision. The District's assets could be liquidated or transferred to another agency. Other LAFCO Terms and Conditions could include 1) creation of an advisory board comprised of city, county and public representatives;

⁹⁴ The governing body of a healthcare district is an elective office, but if there are fewer candidates than vacancies, or if only one person files a declaration of candidacy, the Board of Supervisors makes the appointment. Health and Safety Code, Sec. 32100, Elections Code, Sec. 10515. A district-wide general election is estimated to cost approximately \$40,000 (Registrar of Voters, 11/21/17).

⁹⁵ AB 2910 amended Government Code, section 57077.1, effective January 1, 2017, to make significant changes to the law governing the dissolution of a hospital (healthcare) district. If dissolution is consistent with a prior action of the Commission pursuant to Government Code, sections 56378 (special study) 56425 (sphere change) or 56430 (municipal service review), the Commission may immediately order a dissolution initiated by the district board without an election or protest proceedings. If the dissolution is initiated by an affected local agency, by the Commission, or by petition, unless there is a majority protest the Commission may order the dissolution after holding at least one noticed public hearing, and after conducting protest proceedings (Gov. Code, § 57077.1(c)).

2) limitation on expenditure of funds to within the boundaries of the LMCHD; 3) disposition of assets, which may include transfer of the former LMCHD hospital building to the County.

The County Board of Supervisors would serve as the governing body of the CSA. Creating a new CSA dependent upon the County requires approval of the cities within the LMCHD service area and approval of the voters.⁹⁶

- **Reorganize LMCHD as Subsidiary District** -- In the case of a subsidiary district, the district is not extinguished, but rather is reorganized with a city council sitting as the governing body.⁹⁷ Creating a subsidiary district would require that the LCMHD boundaries be reduced such that 70% of land area and registered voters of the subsidiary district fall within the boundaries of the city. Excluding much of the current sparsely populated unincorporated areas, with the exception of Bay Point and Clyde, would achieve this minimum 70 percent. Reductions to exclude the small portions of Antioch, Clayton and Concord currently within LCMHD boundaries, totaling about 2.5 percent of District population, would also help to achieve this standard. District property tax revenues could be reduced about 24 percent.

Viability of this option depends on the willingness and ability of the City of Pittsburg to manage LMCHD as a subsidiary district, including continuation of community health programs and ownership of the former LMCHD hospital building if it is not otherwise transferred to the County. Cost savings are likely, as demonstrated by the successful transition of the Mt. Diablo Healthcare District into a subsidiary district of Concord.

- **Consolidation with Another Healthcare District** – Neither of the other two healthcare districts in the County represent viable candidates for consolidation. The WCCHD is yet to emerge from bankruptcy, and the CPHHCD is a subsidiary district to the City of Concord. This option is not considered viable.
- **Consolidation with County Service Area EM-1** – This option was reviewed in LAFCO’s special study of the WCCHD and not pursued due to the County’s concerns and lack of interest in the option. Therefore, this option was not pursued in the current review of LMCHD options.
- **Special Legislation** – This option was initiated by the County to provide a viable and cost-effective governance structure for the WCCHD as it emerges from Chapter 9 bankruptcy and embarks on a long period of debt repayment. This type of special legislation could be initiated by the District or the County. Neither agency has signaled an interest in pursuing this option in relation to the LMCHD.

⁹⁶ See pages 31-33 of the December 14, 2016 Special Study of Governance Options, West Contra Costa Healthcare District prepared by Berkson Associates, for a detailed discussion of the steps involved in creating a new CSA.

⁹⁷ State law requires that a healthcare district have its own Board of Directors, which raises questions about reorganizing a healthcare district as a subsidiary district. However, the Mt. Diablo Healthcare District was successfully reorganized as a subsidiary district to the City of Concord.

6. WEST CONTRA COSTA HEALTHCARE DISTRICT (WCCHD)

Figure 8 shows the boundaries of the District. The WCCHD serves 262,000 residents, nearly half of which reside in Richmond.

As described in LAFCO's 2016 Special Study of WCCHD prepared by LAFCO,⁹⁸ this district struggled financially beginning in the mid-1990's,⁹⁹ experiencing increasing costs, declining reimbursements, and growing service demand from low-income populations - the uninsured and underinsured. Although the District emerged from a 2006 bankruptcy, it never managed to regain financial solvency and fell further into debt. Eventually, in 2015, the District shut its hospital, a full-service acute care facility. The closure resulted in a significant loss of hospital beds and emergency department facilities, as well as the elimination of other specialized services, in an underserved community with significant healthcare needs.

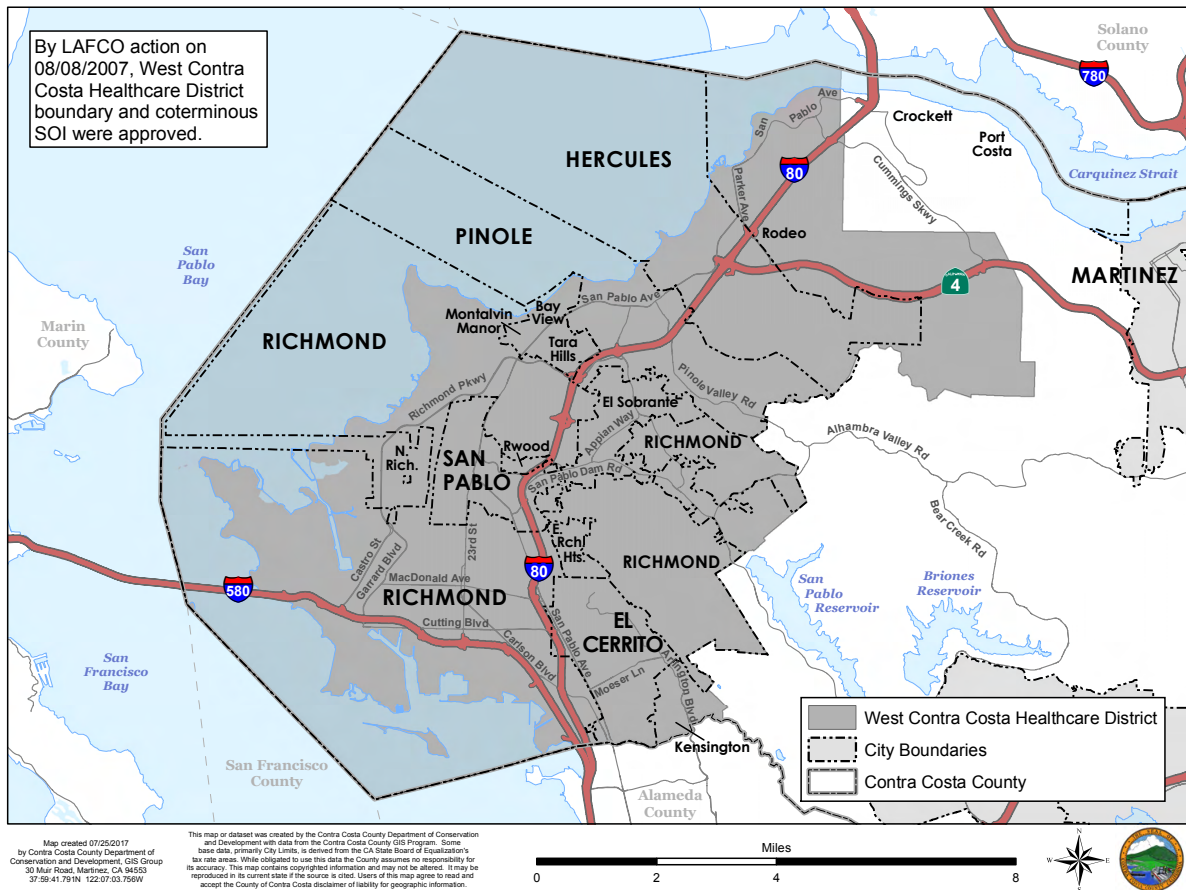
After WCCHD failed in its initial efforts to save its closed hospital, the District announced it had "little choice but to file bankruptcy... With no chance to bring in revenue in the short term to cover existing District expenses, such as worker compensation claims and medical record storage, the District Board voted unanimously to file for bankruptcy to allow for the orderly disposition of remaining financial obligations, including those owed to past District employees and vendors."¹⁰⁰ The District unanimously approved a resolution declaring a fiscal emergency and authorizing the filing of Chapter 9 proceedings at its board meeting October 19, 2016.

⁹⁸ Special Study of Governance Options - West Contra Costa Healthcare District, prepared for the Contra Costa Local Agency Formation Commission by Berkson Associates, accepted by LAFCO 12/14/16.

⁹⁹ Impact Evaluation Report: Doctors Medical Center San Pablo Potential Closure of Emergency Services, Prepared by the Contra Costa Emergency Medical Services Agency, June 13, 2014

¹⁰⁰ Press release issued by WCCHD, 10/20/16.

Figure 8 WCCHD Boundaries



About 81 percent of the District’s 265,000 residents reside in incorporated communities, as summarized in **Table 15**. The City of Richmond is the largest city within the District and accounts for 43 percent of District residents.

Table 15 Summary of Population and Area within the WCCHD Boundaries

Area	Population		Area (sq.miles)				
	Total City or Community (1)	District Population (2)(3) % Residents % Dist.	Total City or Community	District Area (3) Sq. Miles % Dist.			
<u>INCORPORATED</u>							
Richmond	111,785 (1)	100% 111,785 42.7%	30.00	30.00			44.1%
El Cerrito	24,600 (1)	100% 24,600 9.4%	3.90	3.90			5.7%
Hercules	25,675 (1)	100% 25,675 9.8%	8.10	8.10			11.9%
Pinole	18,975 (1)	100% 18,975 7.2%	11.60	11.60			17.0%
San Pablo	<u>31,053</u> (1)	100% 31,053 <u>11.9%</u>	<u>2.50</u>	<u>2.50</u>			<u>3.7%</u>
Total, Incorporated	212,088	100% 212,088 81.0%	56.10	56.10			82.4%
<u>UNINCORPORATED</u>							
Bayview	1,728 (2)	100% 1,728 0.7%					0.0%
Crockett	3,044 (2)	1% 20 0.0% (3)					0.0%
East Richmond Heights	3,272 (2)	100% 3,272 1.2%					0.0%
El Sobrante	13,388 (2)	100% 13,388 5.1%					0.0%
Kensington	5,595 (2)	100% 5,595 2.1%					0.0%
Montalvin Manor	3,164 (2)	100% 3,164 1.2%					0.0%
North Richmond	3,988 (2)	100% 3,988 1.5%					0.0%
Rodeo	9,724 (2)	100% 9,724 3.7%					0.0%
Rollingwood	2,847 (2)	100% 2,847 1.1%					0.0%
Tara Hills	4,778 (2)	100% 4,778 1.8%					0.0%
Other Unincorporated	<u>1,404</u> (3)	100% <u>1,404</u> <u>0.5%</u>					<u>0.0%</u>
Total, Unincorporated	52,932 (1)	94% 49,908 19.0%	12.00	12.00			17.6%
TOTAL	265,020 (1)	99% 261,996 100.0%	68.10	68.10			100.0%

(1) Source: Cal. Dept. of Finance, Report E-1: City/County Population Estimates 1/1/17

(2) Census, American Community Survey, 5-year

(3) County of Contra Costa GIS, 2017-07-19

7/24/17

BANKRUPTCY PROCEEDINGS

Attorneys for the District anticipate that a Plan of Adjustment of the District’s debt will be confirmed by the court in late 2017 an effective date in early 2018.¹⁰¹

As summarized in the bankruptcy Disclosure Statement, the Plan of Adjustment “provides that the District will sell the Hospital and will be reorganized into the Reorganized District and enter a period of operational dormancy during which the Reorganized District focuses its revenues on the repayment of creditors pursuant to the Plan. After the majority of creditor repayments are

¹⁰¹ Correspondence from L. Texeira, LAFCO, 2017-07-11.

accomplished, estimated to occur in 2024, the Reorganized District intends to utilize its revenues to resume providing healthcare services to the citizens of West Contra Costa County.”¹⁰²

Pending State legislation, if enacted, will allow the Contra Costa County Board of Supervisors to appoint the district governing board members.¹⁰³ This process signals the potential of closer coordination with the County and resulting administrative economies. At a minimum, election costs, budgeted at \$450,000 every two years, will be avoided. Actual cost savings could be less; the District's election cost during a gubernatorial election could be as low as \$120,000.¹⁰⁴

HEALTH NEEDS IN THE DISTRICT

The LAFCO Special Study prepared for the District described significant health needs within the District; the closure of Doctors Hospital compounded issues of access to healthcare services. Following closure of the hospital, the number of emergency stations fall below the Countywide average of 2.4 emergency medical treatment stations per 10,000 population, however, emergency department use has been declining with the increased use of urgent care and outpatient clinics, and increased access to insurance coverage.

Although the District will not be financially positioned to address health needs until it repays its bankruptcy obligations, the Kaiser Foundation Hospital in Richmond will continue to prepare analyses of health needs, in addition to analysis to be prepared by the County Health Services, for example, as part of its forthcoming Strategic Plan.

POPULATION GROWTH

As shown in prior **Table 1**, ABAG projects the District’s population to grow by about 1.2 percent annually. Over the period from 2015 through 2020, this rate of growth would increase the District’s population by about 10,300 residents. ABAG projects longer-term growth to continue, increasing the need for healthcare services accordingly; ABAG estimates, by 2040, the District’s resident population will grow by 28 percent compared to 2015.

¹⁰² Disclosure Statement for the Plan for the Adjustment of Debts Dated June 9, 2017, United States Bankruptcy Court Northern District of California Oakland Division, Case No. 16-42917.

¹⁰³ SB 522, Glazer.

¹⁰⁴ The WCCHD conservatively budgets \$450,000 every two years for elections. In 2014, election costs were \$414,000 including a gubernatorial election (\$117,000) and a separate Measure C election (\$297,000) per County correspondence with LAFCO, 12/4/2017.

DISADVANTAGED COMMUNITIES

Prior **Figure 2** depicts disadvantaged communities in the County, and shows qualifying areas in the District, primarily consisting of Richmond and San Pablo, and a portion of Hercules. Other unincorporated areas in the vicinity, for example North Richmond, also fall within the designation.

MEDICALLY UNDERSERVED & HEALTH PROFESSIONAL SHORTAGE AREAS

As described and mapped in **Appendix B**, OSHPD designates areas with different types of medical professional shortages.

The District encompasses the only area designated as Medically Underserved within the County (see **Figure B-1**), and the only area designated as a Dental Health Professional Shortage Area (see **Figure B-3**). Areas are also designated as Mental Health Professional Shortage Areas (see **Figure B-4**) and Primary Care Shortage Areas (see **Figure B-2**).

HEALTH NEEDS ASSESSMENTS

The Kaiser Foundation Hospital in Richmond (KFH-Richmond) prepared a 2016 CHNA.¹⁰⁵ The CHNA prioritized “Obesity, Diabetes, Healthy Eating, and Active Living” as a need in its service area, followed by “Violence and Injury Prevention” and “Economic Security”.

OTHER STUDIES AND INDICATORS

In 2011, Contra Costa Health Services prepared special studies of the impacts of sweetened beverage consumption on Richmond and San Pablo residents.¹⁰⁶ These studies reinforce the health priority identified in the Kaiser CHNA noted above.

Contra Costa Health Services prepared a “Richmond Health Equity Report Card” in 2015 that documented health issues and inequities in Richmond. The data utilized was from 2010 through 2012, and covers a range of health concerns facing the area, including economic security and education, safe communities, environmental and health justice, quality and accessible health and social services, health behaviors, and health outcomes.

¹⁰⁵ 2016 Community Health Needs Assessment, Kaiser Foundation Hospitals Oakland and Richmond, approved September 21, 2016.

¹⁰⁶ The Impact of Sugar Sweetened Beverage Consumption on the Health of Richmond Residents, A Report from Contra Costa Health Services, Dec. 12, 2011, and see a related report for San Pablo, Nov. 15, 2011.

FACILITIES AND SERVICES IN THE DISTRICT

Figure 9 shows the locations of medical facilities within and proximate to the District. The map shows the closed Doctors Hospital, and the Kaiser Permanente Richmond Medical Center. As noted previously, West County is lacking in emergency stations as noted in prior **Table 2**.

WCCHD GOVERNANCE

The WCCHD board continues to meet during the bankruptcy process. **Table 16** lists the current Board of Directors and their terms. Following bankruptcy, the Plan of Adjustment anticipates State legislation to enable the Contra Costa County Board of Supervisors to appoint the WCCHD board and eliminate election costs. The County may also elect to provide administrative services to the District to achieve other cost savings.

Table 16 WCCHD Board Members

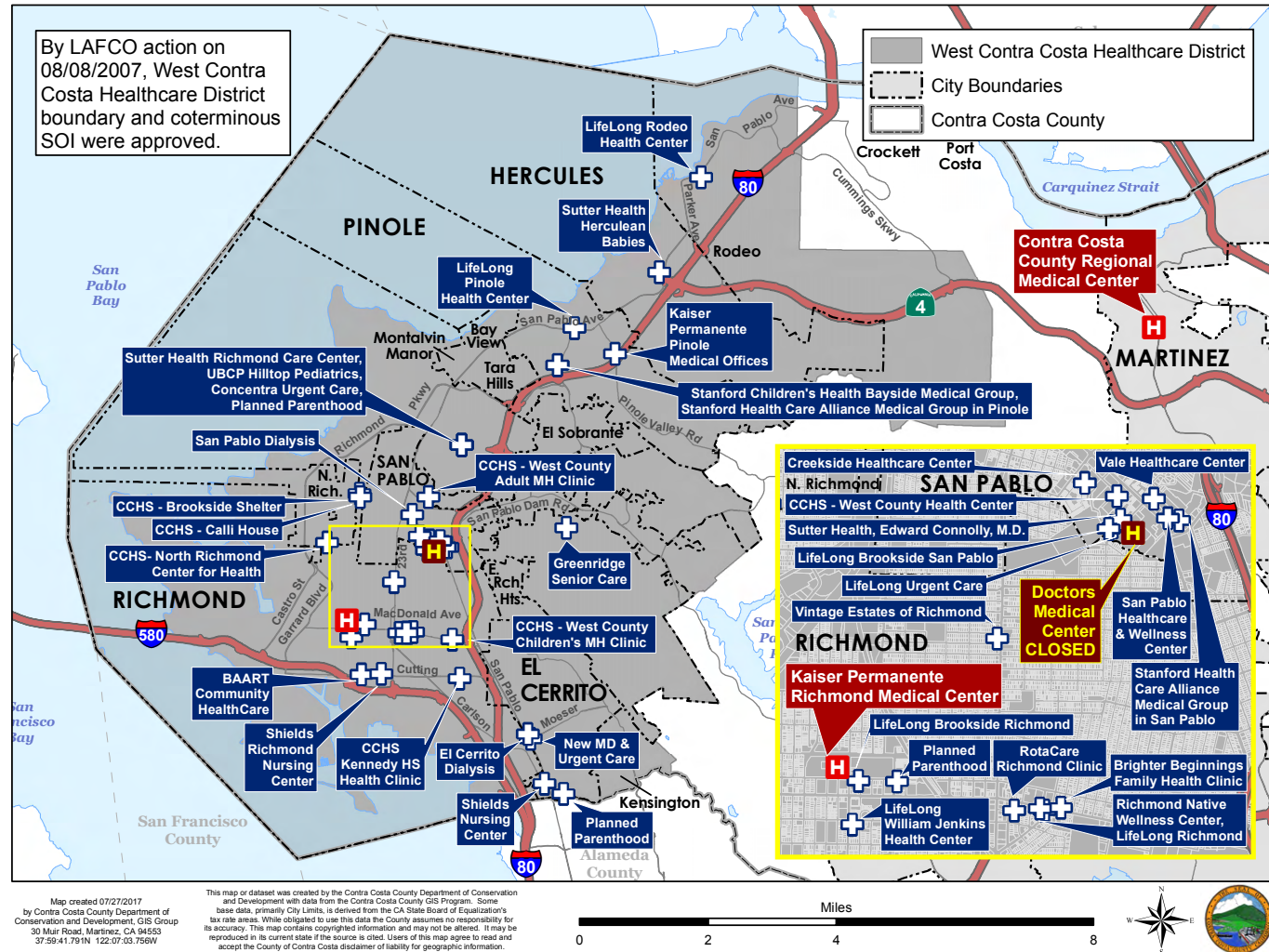
Position	Name	Term Began	Term Expires
Chairperson	Nancy Casazza, RN	1/21/15	Jan. 2019
Vice Chair	Beverly Wallace	1/21/15	Jan. 2019
Treasurer	Irma Anderson, RN	1/21/15	Jan. 2019
Secretary	William van Dyk DDS	2/1/17	Feb. 2021
Vice Secretary	Deborah Campbell, RN	12/2/16	Dec. 2020

Source: B. Ellerston, WCCHD, July 19, 2017

ACCOUNTABILITY

The District continues to post notice of its meetings, agendas, and minutes on its website, as well as current financial documents and bankruptcy-related items.

Figure 9 Health Care Facilities in the WCCHD



WCCHD GOALS, POLICIES AND PLANS

The WCCHD’s website states the District’s mission:

"Our mission is to provide leadership and oversight in the delivery of healthcare in the West Contra Costa Healthcare District by:

Acting as an advocate for quality healthcare to all. Providing a conduit for healthcare information and services. Fostering, developing, maintaining and supporting programs that serve the healthcare needs of the communities served. Providing assurance, through oversight of the District’s healthcare facilities, of equal access to healthcare, without regard to race, color, age, religion, sex, sexual orientation, national origin, citizenship, handicap or ability to pay."¹⁰⁷

As previously noted, since 2016, the District has focused on its bankruptcy proceedings, which should be completed by the end of 2017 or early 2018.

WCCHD SERVICES

With the closure of Doctors Hospital and District bankruptcy, WCCHD does not anticipate resuming services until at least 2024. As stated in the bankruptcy Plan of Adjustment, “after the majority of creditor repayments are accomplished, estimated to occur in 2024, the Reorganized District intends to utilize its revenues to resume providing healthcare services to the citizens of West Contra Costa County.”¹⁰⁸

At the present time, the District has not determined the services that would be provided in the future when revenues are likely to be available for healthcare purposes. In light of potential significant changes in Federal and State funding of healthcare, and anticipated legislative reorganization of the District, determination of policies, plans and services probably will be deferred until the District has significant discretionary revenues available.

¹⁰⁷ WCCHD website, Nov. 18, 2016,

<https://web.archive.org/web/20161118050309/http://wcchd.ca.gov/mission/>

¹⁰⁸ Plan for the Adjustment of Debts Dated June 9, 2017, Appendix D to the Disclosure Statement.

WCCHD PROPERTY

The District is in the process of selling its assets, including the former Doctors Hospital building. The District will not own property post-bankruptcy.

WCCHD FINANCES

During the bankruptcy proceedings, the District continues to fund various expenses, including administrative costs for contract staff; minimal expenses related to maintenance of the Doctors Hospital building; and other financial and legal costs in addition to the District's ongoing obligations to pay its debts and other liabilities.

The District's primary ongoing revenues are ad valorem property taxes, totaling about \$4.0 million annually before repayment to the County for property tax advances. Additional District parcel taxes, totaling approximately \$5.65 million annually, are dedicated to the repayment of Certificates of Participation (COPs). The sale of the Doctors Hospital building, the District's primary asset, will repay outstanding obligations in accord with the bankruptcy Plan of Adjustment.

Following bankruptcy and repayment of the County and other obligations and expenses, the District's projected net cash flow (after expenses) of approximately \$3-\$3.5 million annually will be available for healthcare services after about 2024. This net revenue includes parcel taxes collected in excess of annual COP payment requirements. The actual net available will depend upon the proposed reorganization of the District, whether costs of administrative services will be provided by the County in lieu of District staff and contracts, and the future amount of property tax growth.

Table 17 shows the District's budget for 2017, including actual monthly revenues and expenditures through August 2017 and projected monthly cash flows for the balance of the year. The second page of the budget shows projected annual cash flows from 2018 through 2027.



Table 17 Summary of WCCHD Budget

West Contra Costa Healthcare District: Projected Monthly Cash Flow, 2017 ASSUMING NO SALE IN 2017													
2017													
	ACTUAL								FORECASTED				2017 TOTAL
	January	February	March	April	May	June	July	August	September	October	November	December	
Beginning Cash Balance	\$ 168,763	\$ 288,966	\$ 325,925	\$ 297,911	\$ 284,030	\$ 1,298,428	\$ 1,066,942	\$ 872,163	\$ 549,288	\$ 262,534	\$ 72,722	\$ 86,251	\$ 168,763
Cash Receipts*:													
Ad Valorem Tax					1,000,000								1,000,000
(1) Receipts from US Bank	474,943	290,338	334,426	237,802	311,208					118,893	297,233	297,233	2,362,077
(2) Other Receipts	8,550	15,726	16,508	14,396	5,944	28,565	26,023	17,307	125,525	5,000	5,000	5,000	273,543
Sale of Building													
Total Cash Receipts	483,493	306,064	350,934	252,198	1,317,152	28,565	26,023	17,307	125,525	123,893	302,233	302,233	3,635,620
Expenses:													
Payroll/Administration	54,989	62,879	72,202	46,436	51,453	51,988	32,570	91,154	55,000	55,000	55,000	55,000	683,672
Bookkeeping Services	-	2,066	2,500				713		3,000	3,000	3,000	3,000	17,278
Annual Audits	-	-	-		42,500			42,500	22,500	25,000			132,500
Other	6,508			6,186		1,568	9,933	4,310	5,000	5,000	5,000	5,000	48,505
Total personnel/consulting costs	61,497	64,945	74,702	52,622	93,953	53,556	43,215	137,964	85,500	88,000	63,000	63,000	881,954
Office Expenses	2,254	2,030	2,498	1,794	1,638	1,471	2,226	2,801	2,000	2,000	2,000	2,000	24,713
Security	48,555	31,175	45,099	31,999	17,440	52,703	35,093	50,531	35,000	35,000	35,000	35,000	452,595
Utilities	31,213	32,740	37,088	29,130	24,109	18,077	17,978	18,864	20,000	20,000	20,000	20,000	289,199
Landscaping	1,700	1,700	-	3,400	1,700		3,400	1,700	1,700	1,700	1,700	1,700	20,400
All other (repairs, general office)	957	920	1,800	620	1,133		9,523	140	3,000	3,000	3,000	3,000	27,093
Insurance	13,730	12,177	11,106	46,912	13,269		15,429	13,579	51,575	11,500	11,500	11,500	212,277
Total facilities costs	98,409	80,742	97,590	113,855	59,289	72,251	83,650	87,616	113,275	73,200	73,200	73,200	1,026,276
Legal	12,728	9,569	20,197	12,102	15,047	16,128	19,674	21,354	20,572	20,000	20,000	20,000	207,371
Records Storage	22,504	45,009	22,505	22,505	22,505	22,505	22,505	22,505	22,505	22,505	22,505	22,505	292,560
Fees and Other	22,763	59,391	-	-	-	-	-	-	5,000	5,000	5,000	5,000	102,153
Total other costs	57,995	113,969	42,702	34,607	37,552	38,633	42,178	43,858	48,077	47,505	47,505	47,505	602,084
Consulting - Financial/Operating	8,800	9,450	15,526		9,000	13,500	13,017	70,744	15,000	15,000	15,000	15,000	200,037
Legal - Bankruptcy Counsel	136,589	-	148,428	64,996	102,959	82,112	38,741	-	130,428	80,000	80,000	80,000	944,253
Unsecured Creditor Committee									20,000	10,000	10,000	10,000	50,000
Chapter 9 and Professional Fees	145,389	9,450	163,954	64,996	111,959	95,612	51,758	70,744	165,428	105,000	105,000	105,000	1,194,290
Total Cash Payments	363,290	269,105	378,948	266,079	302,753	260,051	220,802	340,182	412,280	313,705	288,705	288,705	3,704,604
Net Cash Flow for Month	120,203	36,958	(28,014)	(13,881)	1,014,398	(231,486)	(194,779)	(322,875)	(286,755)	(189,811)	13,529	13,529	(68,984)
Total Cash Available	288,966.39	\$ 325,925	\$ 297,911	\$ 284,030	\$ 1,298,428	\$ 1,066,942	\$ 872,163	\$ 549,288	\$ 262,534	\$ 72,722	\$ 86,251	\$ 99,780	\$ 99,780

Table 17 Summary of WCCHD Budget (cont'd)

West Contra Costa Healthcare District: Projected Annual Cash Flow											
	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	Total
Beginning Balance (Operating Acct at Citibank)	99,780	12,286,058	9,179,212	7,417,616	7,224,955	7,507,366	9,277,897	12,760,890	15,686,709	19,075,167	99,780
Ad Valorem tax receipts	4,006,980	4,027,015	4,047,150	4,067,386	4,087,723	4,108,161	4,128,702	4,149,346	4,170,093	4,190,943	40,983,500
(1) Sale of Property	12,700,000										12,700,000
Parcel tax, 2004	5,650,000	5,650,000	5,650,000	5,650,000	5,650,000	5,650,000	5,650,000	5,650,000	5,650,000	5,650,000	56,500,000
(2) Other	8,430,598										8,430,598
Total Cash Receipts	30,787,578	9,677,015	9,697,150	9,717,386	9,737,723	9,758,161	9,778,702	9,799,346	9,820,093	9,840,943	118,614,098
Cash Payments:											
Payroll/Administration	273,967	280,816	287,837	295,033	302,409	309,969	317,718	325,661	333,802	342,148	3,069,360
Bookkeeping Services	40,000	20,000	20,500	21,013	21,538	22,076	22,628	23,194	23,774	24,368	239,090
Cost Report Audits and Settlement	30,000	30,750	31,519	32,307	33,114						157,690
Annual Financial Audit	15,000	15,375	15,759	16,153	16,557	16,971	17,395	17,830	18,276	18,733	168,051
Audit/Actuarial for Successor Pension Plan	78,000	79,950	81,949	83,997	86,097	88,250	90,456	92,717	95,035	97,411	873,864
IT Costs	12,000	12,300	12,608	12,923	13,246	13,577	13,916	14,264	14,621	14,986	134,441
Other	10,000	10,250	10,506	10,769	11,038	11,314	11,597	11,887	12,184	12,489	112,034
Total personnel/consulting costs	458,967	449,441	460,677	472,194	483,999	462,157	473,711	485,554	497,693	510,135	4,754,529
Office Expenses	30,000	30,750	31,519	32,307	33,114	33,942	34,791	35,661	36,552	37,466	336,101
Total facilities costs	30,000	30,750	31,519	32,307	33,114	33,942	34,791	35,661	36,552	37,466	336,101
(2) Records Storage	216,164	191,904	164,316	131,606	96,116	62,722	34,391	23,653	18,980	15,045	954,897
Legal Fees	300,000	100,000	100,000	100,000	100,000	100,000	100,000	100,000	100,000	100,000	1,200,000
Fees and Other	10,000	10,000	10,000	10,000	10,000	10,000	10,000	10,000	10,000	10,000	100,000
Election costs every two years		450,000	450,000	450,000	450,000	450,000	450,000	450,000	450,000	450,000	2,250,000
Total other costs	526,164	751,904	274,316	691,606	206,116	622,722	144,391	583,653	128,980	575,045	4,504,897
Unsecured Creditors	2,000,000	2,000,000	2,000,000								6,000,000
Repayment to County (Unsecured, past election)		218,133									218,133
EDD	661,371	661,371									1,322,742
Local 39 Claim	41,335	41,335	41,335	41,335	41,335	41,335	41,335	41,335	41,335	35,411	407,421
CNA_Medical Pension Plan	250,000	250,000	250,000	250,000	250,000	250,000	250,000	375,000	375,000	-	2,500,000
Successor Pension Plan Payments	4,000,000	1,000,000	1,000,000	1,000,000	1,000,000	1,000,000	1,000,000	1,000,000	1,000,000	1,000,000	13,000,000
Committee Counsel Fees	50,000										50,000
Contract Cure Costs	58,500										58,500
Cell Rights Settlements	800,000										800,000
(4) Repayment of 928(b) Orders	2,362,077										2,362,077
2004 COps Payment (US Bank)	1,895,006	1,895,988	1,894,013	1,894,081	1,895,925	1,894,275	1,894,131	1,895,225	1,895,475	1,896,325	18,950,444
2011 COps Payment (US Bank)	2,460,900	2,457,925	2,459,738	2,461,138	2,457,100	2,457,350	2,457,350	2,457,100	2,456,600	2,455,850	24,581,050
Repayment to County (Ad Valorem tax exchange)	3,006,980	3,027,015	3,047,150	3,067,386	3,087,723	1,225,850	-	-	-	-	16,462,104
Creditor Payments	17,586,169	11,551,765	10,692,235	8,713,939	8,732,082	6,868,809	5,642,816	5,768,660	5,768,410	5,387,586	86,712,470
Total Cash Payments	18,601,300	12,783,861	11,458,747	9,910,047	9,455,312	7,987,631	6,295,709	6,873,527	6,431,634	6,510,231	96,307,998
Net Cash Flow, Annual	12,186,278	(3,106,846)	(1,761,597)	(192,661)	282,411	1,770,531	3,482,994	2,925,819	3,388,458	3,330,712	22,306,100
Total Cash Available	\$ 12,286,058	\$ 9,179,212	\$ 7,417,616	\$ 7,224,955	\$ 7,507,366	\$ 9,277,897	\$ 12,760,890	\$ 15,686,709	\$ 19,075,167	\$ 22,405,879	\$ 22,405,879

Notes:

- (1) Receipts of \$12,700,000 is net proceeds from the sale of the property; Sale price is \$13,000,000, less the broker fees and other closure costs estimated at \$300,000.
- (2) Amount projected by the District to be held by U.S. Bank as of 1/1/2018 reflecting all parcel taxes collected prior to 2018 less all payments on the 2004 Cops and 2011 Cops through 2017. This amount may be less due to accruing trustee fees and expenses.

Table 18 illustrates current assessed value within the District by jurisdiction.

Table 18 Summary of Assessed Value within the WCCHD Boundaries

Area	Total A.V. Total City or Community (1)	District Assessed Value (1)		
		%	\$	% Dist.
<u>INCORPORATED</u>				
Richmond	\$ 13,082,516,425	100%	\$ 13,082,516,425	43.0%
El Cerrito	\$ 4,017,973,881	100%	\$ 4,017,973,881	13.2%
Hercules	\$ 3,449,453,774	100%	\$ 3,449,453,774	11.3%
Pinole	\$ 2,282,460,991	100%	\$ 2,282,460,991	7.5%
San Pablo	\$ 1,707,066,788	100%	\$ 1,707,066,788	5.6%
Total, Incorporated	24,539,471,859	100%	\$ 24,539,471,859	80.7%
Total, Unincorporated			\$ 5,869,875,498	19.3%
TOTAL			\$ 30,409,347,357	100.0%

(1) Source: Contra Costa County Auditor-Controller

WCCHD ASSETS AND LIABILITIES

After the bankruptcy court approves the District’s Plan of Adjustment, the District will not be subject to any former liabilities other than the payment obligations specified by the bankruptcy Plan of Adjustment. Those payment obligations include:¹⁰⁹

- Full repayment of outstanding Certificates of Participation (approximately \$56 million) plus interest.
- \$218, 132.50 representing 50% of the total amount owed to the County for prior District election costs.¹¹⁰
- Local 39 Pension Claim - \$31,480.99 per year for ten years; Local 39 Health Claim \$8,214.98 per year for nine years.¹¹¹

¹⁰⁹ Disclosure Statement for the Plan for the Adjustment of Debts dated June 9, 2017, Section 3.1 Proposed Treatment of Claims.

¹¹⁰ See First Amended Plan for the Adjustment of Debts Dated July 21, 2017, filed on August 3, 2017, Page 11, Section 4.2.

¹¹¹ See First Amended Plan for the Adjustment of Debts Dated July 21, 2017, filed on August 3, 2017, Page 13, Section 4.7.

- WCCHD Successor Pension Plan – the Reorganized District to assume all rights and responsibilities regarding these pension plan claims. Within 30 days after the effective date of the plan \$4 million will be transferred to the plan administrator. Thereafter, the District will pay \$1 million per year to the plan administrator until the pension plan is fully funded.¹¹²
- Approximately \$2.7 million owed to the California Nurses Association (CNA).¹¹³
- About \$1.3 million owed to the State EDD for claims.¹¹⁴
- \$6 million shall be paid to other unsecured allowed claims.

The foregoing information is included in the current version of the Plan of Adjustment proposed by the debtor, however, as of the writing of this report, the bankruptcy proceedings are not final; other claims may be submitted and/or modified. Until there is a final order or judgment of the bankruptcy court confirming the Plan and all appeal periods have expired, the District's obligations under the Plan cannot be known to a legal certainty.

WCCHD ORGANIZATIONAL ISSUES AND OPTIONS

The Special Study prepared by Contra Costa LAFCO for the WCCHD outlined a number of governance options. The Special Study supported pursuit of legislation to enable the County Board of Supervisors to appoint the governing body of the WCCHD that could include the Board of Supervisors. If this special legislation passes,¹¹⁵ the District will no longer be burdened by election costs and there may be new opportunities for a partnership between the County and the reorganized District, including administrative support and other shared resources.

The reorganization described above could be re-assessed at a future point in time, if other options appear more viable. For example, if legislation modifies the requirements for subsidiary district formation, this option may be viable if the City of Richmond is willing and able at a future point in time to assume responsibility for District functions.

¹¹² See, First Amended Plan for the Adjustment of Debts Dated July 21, 2017, filed on August 3, 2017, Page 11, Section 4.3.

¹¹³ See, First Amended Plan for the Adjustment of Debts Dated July 21, 2017, filed on August 3, 2017, Page 12, Section 4.4.

¹¹⁴ See, First Amended Plan for the Adjustment of Debts Dated July 21, 2017, filed on August 3, 2017, Page 12, Section 4.5.

¹¹⁵ SB 522, Glazer.



APPENDICES UNDER SEPARATE COVER



**Berkson
Associates**

Urban Economics
Policy Forensics & Forecasting
Planning & Policy Analysis

PUBLIC REVIEW DRAFT

HEALTHCARE SERVICES

MUNICIPAL SERVICE REVIEW &

SPHERE OF INFLUENCE UPDATES

APPENDICES

Prepared for Contra Costa LAFCO

Prepared by Berkson Associates

In association with the Abaris Group

December 2, 2017



APPENDICES

A. OVERVIEW OF MSR DETERMINATIONS AND APPLICABILITY TO HEALTHCARE DISTRICT MUNICIPAL SERVICE REVIEWS

Table A-1 Overview of MSR Determinations Applicability to Healthcare District MSRs

B. MEDICALLY UNDERSERVED & HEALTH PROFESSIONAL SHORTAGE AREAS

Figure B-1 Medically Underserved Areas in Contra Costa County

Figure B-2 Primary Care Shortage Areas in Contra Costa County

Figure B-3 Dental Health Professional Shortage Areas in Contra Costa County

Figure B-4 Mental Health Professional Shortage Areas in Contra Costa County

C. HEALTH NEEDS ASSESSMENTS IN CONTRA COSTA COUNTY

D. LMCHD GRANT PROGRAMS

LMCHD Grant Programs Fall of 2016 and Summer 2017



APPENDIX A

OVERVIEW OF MSR DETERMINATIONS AND APPLICABILITY TO HEALTHCARE DISTRICT MUNICIPAL SERVICE REVIEWS

Table A-1 Overview of MSR Determinations Applicability to Healthcare District MSRs

Determination	Applicability to HCD MSRs	Methodology and Data Sources
(1) Growth and population projections for the affected area.	<p>How will growth and population projections affect determinations re: current and future healthcare district services and service area? Changes in demographics and underserved populations? Implications for funding?</p>	<p>Regional agencies can provide forecasts, but may require GIS analysis to define district boundaries. LAFCOs/counties often can provide GIS maps.</p>
(2) The location and characteristics of any disadvantaged unincorporated communities within or contiguous to the sphere of influence.	<p>Are there Disadvantaged Communities and/or underserved areas that can be more equitably provided services, eg. via SOI and service area changes? Are HCDs addressing the needs of these communities?</p>	<p>LAFCOs can identify Disadvantaged Communities, in collaboration with county.</p> <p>OSHPD can provide GIS data to create maps to delineate underserved areas.</p>
(3) Present and planned capacity of public facilities, adequacy of public services, and infrastructure needs or deficiencies including needs or deficiencies related to sewers, municipal and industrial water, and structural fire protection in any disadvantaged, unincorporated communities within or contiguous to the sphere of influence.	<p>Are district services "adequate", i.e. acceptable in quantity and quality:</p> <p>Grant Quantity - any increase above current funding from other agencies should be considered "adequate" as long as "Admin %" ratios meets standards. Do the grants make a difference in health outcomes of identified needs?</p> <p>Grant Quality - Are grantees effectively and efficiently using funds to meet community health needs, including those of disadvantaged communities?</p> <p>Direct Services - Is the district effectively and efficiently using funds to meet community health needs, including those of disadvantaged communities?</p>	<p>Show historic patterns of grant allocations, and as a % vs. other expenditures.</p> <p>Document consistency of grants and services with district Strategic Plan goals and documented health needs in the district, eg with reference to Community Health Needs Assessment reports prepared by hospitals.</p> <p>Review basis for decisions regarding health needs and priorities, in light of other agencies and available information.</p> <p>Compare grant review, award and followup to Best Practices.</p>

Table A-1 Overview of MSR Determinations and Applicability to Healthcare District MSRs (cont'd)

Determination	Applicability to HCD MSRs	Methodology and Data Sources
<p>(4) Financial ability of agencies to provide services.</p>	<p>Grants - is staff adequate to review, administer, track, and report on grant outcomes to assure adequacy of grants in an efficient manner?</p> <p>Direct Services -is funding adequate to effectively provide services, and maintain adequate reserves for capital and for contingencies?</p>	<p>Document historic pattern of revenues and expenditures, and financial position, utilizing budgets and financial reports.</p> <p>Utilize performance measures specific to direct services provided, eg., is admin 20% or less of expenditures?</p> <p>Document potential financial risks and financial planning and ability to address these risks.</p>
<p>(5) Status of, and opportunities for, shared facilities.</p>	<p>Does the district collaborate with other healthcare providers to minimize redundant overhead, leverage resources, and coordinate targeting of health needs?</p>	<p>Document participation in regional healthcare planning with other healthcare agencies, and utilization of healthcare needs assessments.</p>
<p>(6) Accountability for community service needs, including governmental structure and operational efficiencies.</p>	<p>Does the district achieve:</p> <p>a) Special District standards for high performance, transparency, and website content/accessibility;</p> <p>b) Effective public engagement;</p> <p>c) Strategic planning to engage public, coordinate with other agencies, and provide transparency re: goals and related actions;</p> <p>d) Other best practices and performance standards?</p>	<p>Compare district website and practices to checklists available from Special District Leadership Foundation.</p> <p>Document public outreach and process for developing/reviewing goals, policies and Strategic Plan.</p> <p>Investigate any applicable civil grand jury reports.</p> <p>Review prior LAFCO MSRs or special studies re: governance issues and options.</p>
<p>(7) Any other matter related to effective or efficient service delivery, as required by commission policy.</p>	<p>For example, does the District expend funds on or receive revenue from non-healthcare services (e.g., real estate)? Can district resources be better utilized for other purposes or by other entities?</p>	<p>Review other applicable industry</p> <p>Review press re: local issues; investigate any applicable civil grand jury reports. Review prior LAFCO MSRs or special studies.</p>

11/15/17



APPENDIX B

MEDICALLY UNDERSERVED & HEALTH PROFESSIONAL SHORTAGE AREAS

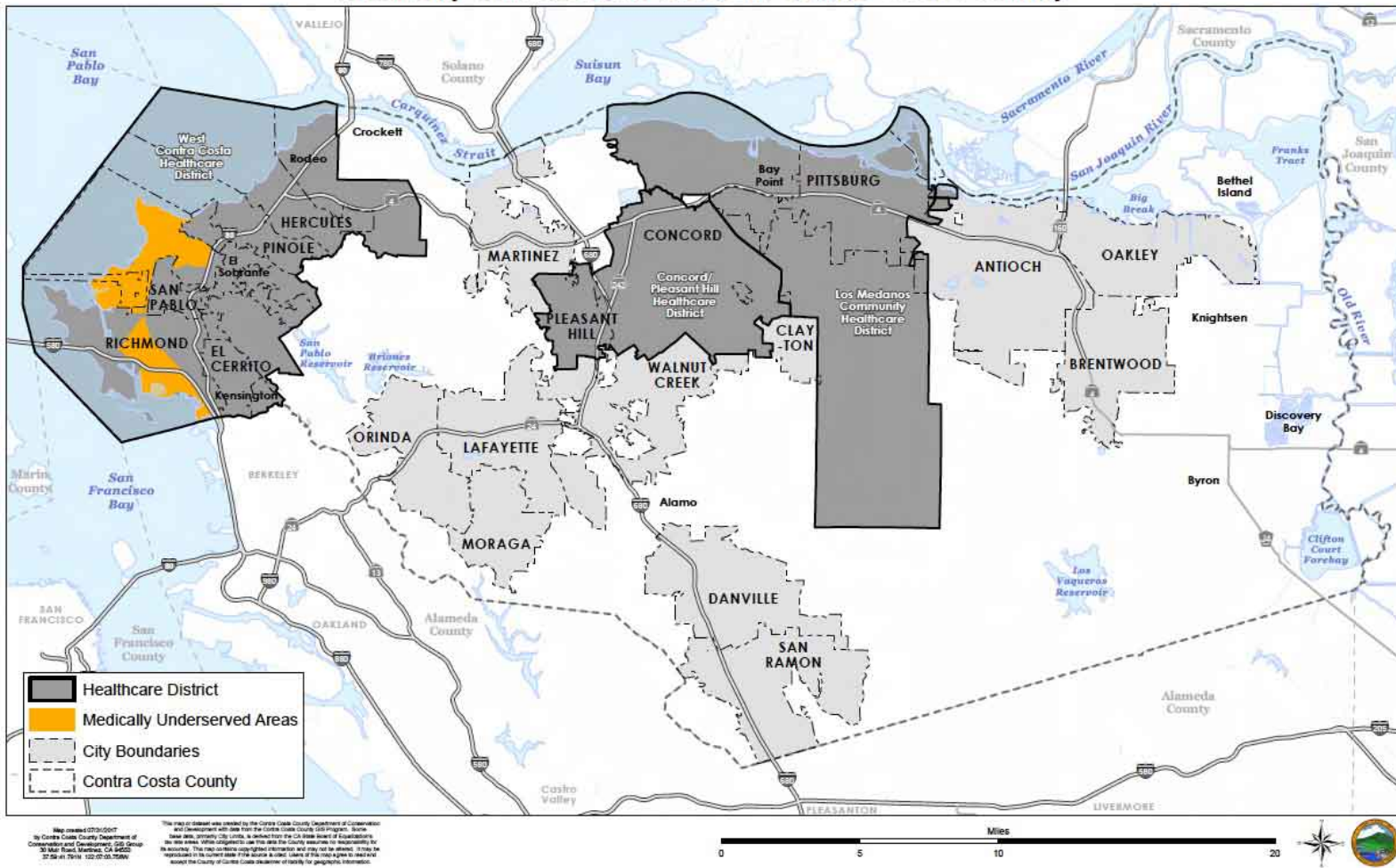
MEDICALLY UNDERSERVED & HEALTH PROFESSIONAL SHORTAGE AREAS

One area within the County is designated as a Medically Underserved Area (MUA) according to the Office of Statewide Health Planning and Development (OSHPD), as shown in **Figure B-1**.¹ This area falls within the boundaries of the WCCHD.

The “medically underserved” are people with life circumstances that make them susceptible to falling through the cracks in the health care system. Many do not have health insurance or cannot afford it; those who do have insurance sometimes face insufficient coverage. The MUA includes a shortage of dental health and mental health professionals.

¹ See <http://gis.oshpd.ca.gov/atlas/topics/shortage/mua/contra-costa-service-area>

Figure B-1 Medically Underserved Areas in Contra Costa County



Recognition as a federally designated Health Professional Shortage Area (HPSA) for Primary Care, Dental Health, and Mental Health disciplines or Medically Underserved Area/Medically Underserved Population (MUA/MUP) enables a clinic to be eligible for assignment of National Health Services Corp Personnel or apply for Rural Health Clinic Certification, Federally Qualified Health Center status (FQHC), FQHC Look-Alike, or New Start/Expansion program, depending on the designation.² Designation provides other benefits, noted below for each designation.

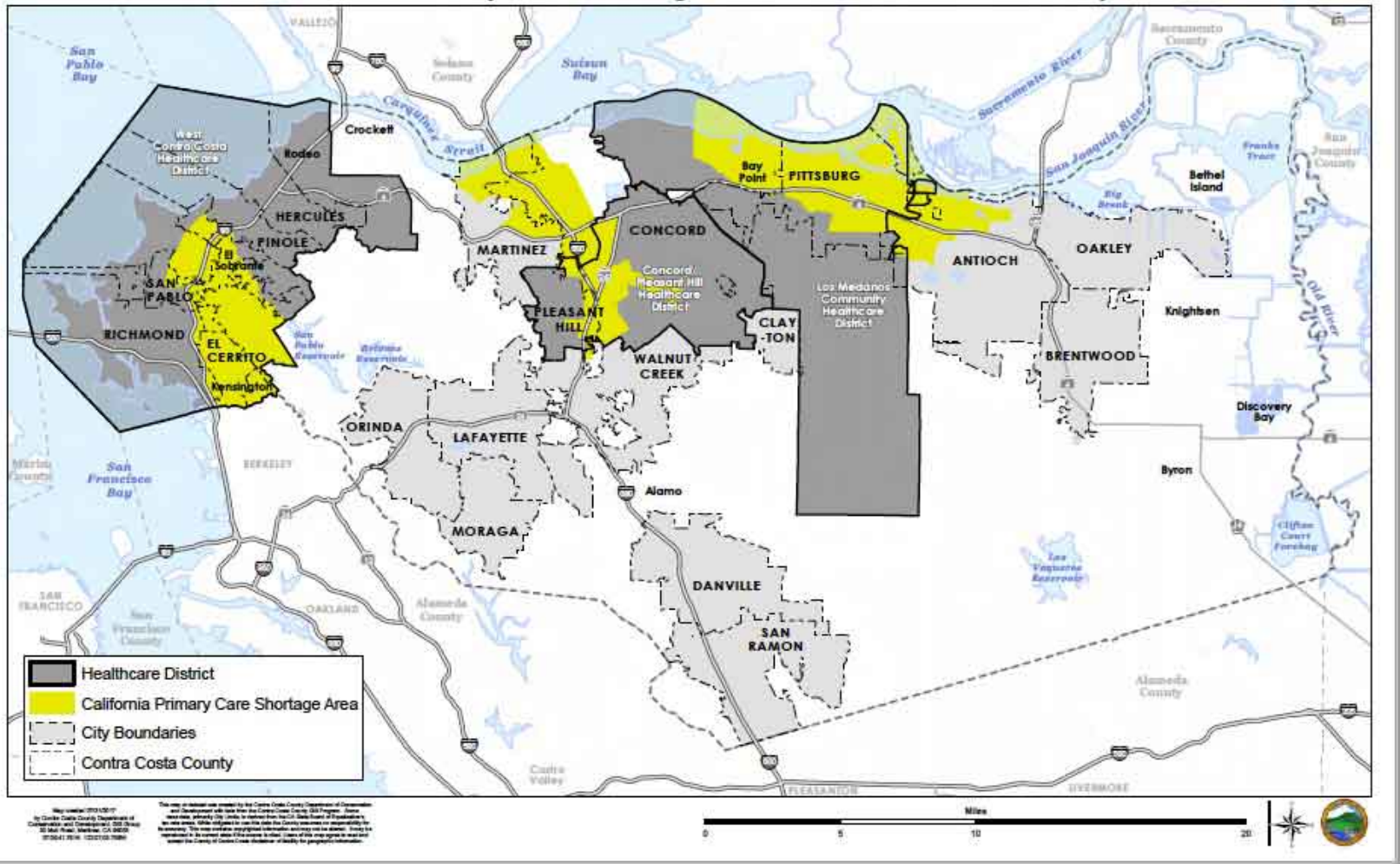
Primary Care Health Professional Shortage Areas

Primary Care Shortage Areas (PCHPSAs) exist in each of the three healthcare districts, and some adjoining unincorporated areas, as shown in **Figure B-2**. A PCHPSA designation requires:

- A rational service area, e.g., a Medical Service Study Area
- Population to primary care physician ratio: 3,500:1 or 3,000:1 plus population features demonstrating "unusually high need;" and
- A lack of access to health care in surrounding areas because of excessive distance, overutilization, or access barriers.

² OSHPD Shortage Designation Program webpage, <http://www.oshpd.ca.gov/HWDD/Shortage-Designation-Program.html>

Figure B-2 Primary Care Shortage Areas in Contra Costa County



Benefits of designation as a PCHPSA, according to OSHPD,³ include:

- Education loan repayment and personnel placement through the National Health Service Corps (NHSC);
- Improved Medicare reimbursement. Physicians in geographic PCHPSAs are automatically eligible for a 10% increase in Medicare reimbursement;
- Eligibility for Rural Health Clinic Certification (a prospective payment method designed to enhance access to primary health care in rural underserved areas);
- Eligibility for the NHSC/State Loan Repayment Program;
- Enhanced federal grant eligibility; and
- Funding preference for primary care physician, physician assistant, nurse practitioner, and nurse midwife programs that provide substantial training experience in HPSAs.⁴

Dental Health Professional Shortage Areas

The only Dental Health Professional Shortage Area (DHPSA) in the County exists within the WCCHD boundaries in Richmond, as shown in **Figure B-3**. The federal Dental HPSA designation identifies areas as having a shortage of dental providers on the basis of availability of dentists and dental auxiliaries.⁵ A DHPSA designation requires:

- A rational service area, e.g., a Medical Service Study Area

³ OSHPD Shortage Designation Program website,
<https://www.oshpd.ca.gov/HWDD/Shortage-Designation-HPSA.html#PCHPSA>

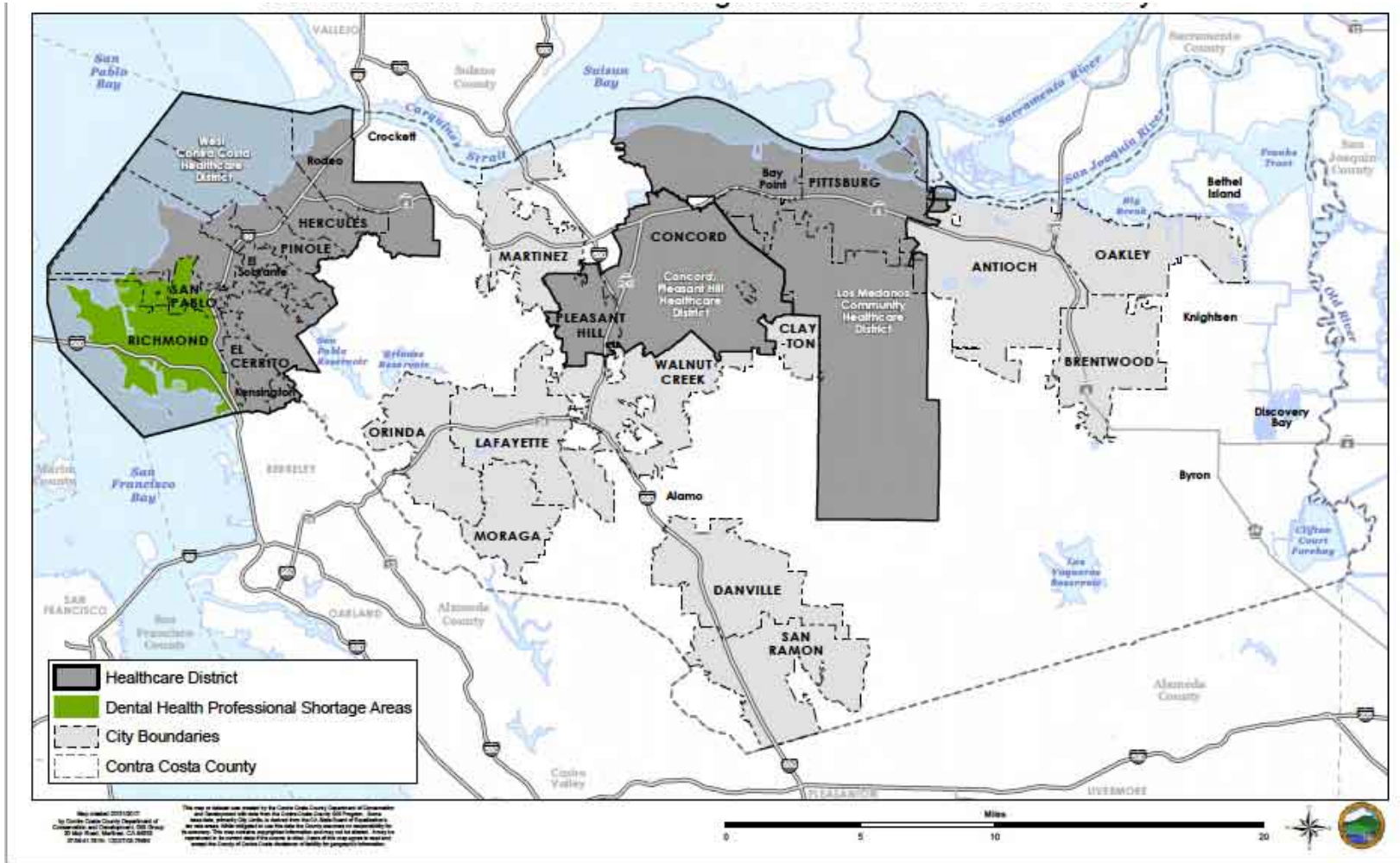
⁴ *ibid*, OSHPD Shortage Designation Program website.

⁵ OSHPD Shortage Designation Program website,
<https://www.oshpd.ca.gov/HWDD/Shortage-Designation-HPSA.html#DHPSA>



- Population to general practice dentist ratio: 5,000:1 or 4,000:1 plus population features demonstrating "unusually high need;" and
- A lack of access to dental care in surrounding areas because of excessive distance, overutilization, or access barriers.

Figure B-3 Dental Health Professional Shortage Areas in Contra Costa County



Benefits of designation as a PCHPSA, according to OSHPD, include:

- Education loan repayment and personnel placement through the National Health Service Corps (NHSC);
- Eligibility for the NHSC/State Loan Repayment Program;
- Scholarships for dental training in return for service in a shortage area; and
- Funding priorities for training in general practice dentistry in programs that provide substantial training in shortage areas.⁶

Mental Health Professional Shortage Areas

Designated Mental Health Professional Shortage Areas (MHPSA) exist in the WCCHD and the LMHCD, and in substantial areas of East County, as shown in **Figure B-4**. The federal MHPSA designation identifies areas as having a shortage of mental health providers on the basis of availability of psychiatrist and mental health professionals.⁷ A MHPSA designation requires:

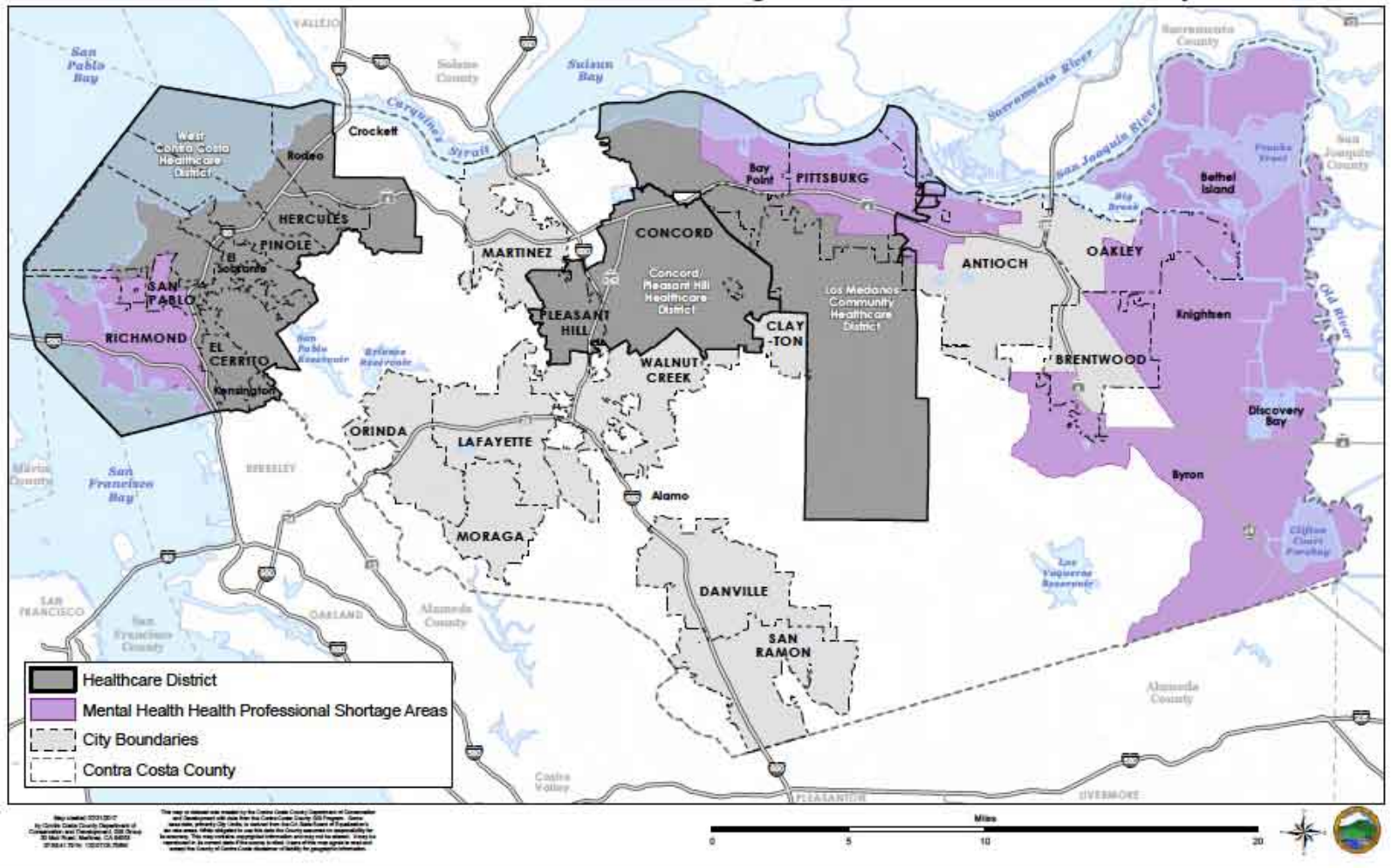
- A rational service area;
- The population-to-core mental health professional and/or the population-to-psychiatrist ratio meet established shortage criteria; and
- A lack of access to mental health care in surrounding areas because of excessive distance, overutilization, or access barriers.

⁶ *ibid*, OSHPD Shortage Designation Program website.

⁷ OSHPD Shortage Designation Program website

<https://www.oshpd.ca.gov/HWDD/Shortage-Designation-HPSA.html#MHPSA>

Figure B-4 Mental Health Professional Shortage Areas in Contra Costa County



Benefits of designation as a MHPSA, according to OSHPD, include:

- Eligibility for the National Health Services Corp/State Loan Repayment Program;
- Improved Medicare reimbursement; and
- Enhanced federal grant eligibility.⁸

⁸ *ibid*, OSHPD Shortage Designation Program website.



APPENDIX C

HEALTH NEEDS ASSESSMENTS IN CONTRA COSTA COUNTY

John Muir Health

John Muir Health (JMH) prepared a CHNA in 2016 that covers its medical centers in Concord and Walnut Creek, and its Behavioral Health Center in Concord.⁹ JMH's primary and secondary service areas include central and eastern Contra Costa County, generally encompassing areas served by the CPPHD and LMHD.¹⁰ The John Muir Medical Center - Concord (JMMC-Concord) and the JMH Behavioral Center are located within the boundaries of the CPHHD in addition to urgent care facilities, physician offices, emergency and other outpatient services. JMH physician offices are located in Pittsburg within LMHD boundaries.

The CHNA identified the following health priorities in the community, based on input from the community and public health experts.

1. Obesity, Diabetes, Healthy Eating, and Active Living
2. Economic Security
3. Healthcare Access & Delivery, including Primary & Specialty Care
4. Oral/Dental Health
5. Mental Health
6. Substance Abuse, including Alcohol, Tobacco, and Other Drugs
7. Unintentional Injuries
8. Violence and Injury Prevention

JMH filed its 2016 Community Health Improvement Plan (CHIP)¹¹ with the IRS and selected the community health needs it planned to address, and identified related implementation actions under the guidance of JMH governing bodies and its Community Health Improvement Department.

⁹ 2016 Health Needs Assessment, John Muir Health.

¹⁰ Community Health Implementation Plan (CHIP), John Muir Health, adopted 11/15/16.

¹¹ *ibid*, Community Health Improvement Plan (CHIP), John Muir Health, adopted 11/15/16.

For each of the identified health priorities listed above, the CHIP specifies long-term and intermediate goals, actions and resources, anticipated impacts, and planned collaborators. The goals are organized around three areas: healthcare access and delivery, including primary and specialty care; behavioral health; and obesity, diabetes, health eating and active living. These groups generally encompass all of the identified health priorities with the exception of “economic security”.

The CHIP does not explicitly propose collaborations with any Contra Costa healthcare districts. The JMH 2015 Community Benefit Report¹² summarizes the CHIP and benefits to the community, but also does not list any healthcare districts as collaborators (with the exception of the John Muir/Mt. Diablo Health Fund which includes representatives of CPPHD on the Health Fund board).

Kaiser Foundation Hospitals

KFH-Walnut Creek

The KFH-Walnut Creek service area includes the cities of Concord and Pleasant Hill, which largely comprise the CPHHD, and unincorporated areas within the LMHD. In addition to central Contra Costa County, the KFH-Walnut Creek service area includes portions of Alameda County. The CHNA identified “vulnerable populations”, or areas meeting certain criteria for lack of education and poverty levels; those areas fall within CPHHD and LMHD.¹³ Service area health need priorities include the following:

1. Obesity, Diabetes, Healthy Eating, and Active Living
2. Oral/Dental Health
3. Substance Abuse, including Alcohol, Tobacco, and Other Drugs
4. Economic Security
5. Healthcare Access & Delivery, including Primary & Specialty Care

¹² 2015 Community Benefit Report, John Muir Health.

¹³ Community Health Needs Assessment, Kaiser Foundation Hospital – Walnut Creek, approved 9/21/16, pg. 11.

6. Mental Health
7. Violence and Injury Prevention

KFH-Richmond

The Kaiser Foundation Hospital in Richmond (KFH-Richmond) prepared a 2016 CHNA.¹⁴ The KFH-Richmond hospital is located within the WCCHD service area, and expanded its number of emergency beds in response to the closure of WCCHD’s Doctors Hospital. The CHNA’s health need priorities include:

1. Obesity, Diabetes, Healthy Eating, and Active Living
2. Violence and Injury Prevention
3. Economic Security
4. Mental Health
5. Substance Abuse, including Alcohol, Tobacco, and Other Drugs
6. Healthcare Access & Delivery, including Primary & Specialty Care
7. Sexually Transmitted Infections
8. Asthma
9. Infectious Diseases (non-STIs)
10. Cancer

KFH-Antioch

KFH-Antioch Hospital serves East County, including Pittsburg and unincorporated Bay Point within the boundaries of LMHD. The CHNA identified “vulnerable populations”, or areas meeting certain criteria for lack of education and poverty levels, within portions of LMHD and other

¹⁴ 2016 Community Health Needs Assessment, Kaiser Foundation Hospitals Oakland and Richmond, approved September 21, 2016.

service area communities. The Kaiser Foundation Hospital in Antioch (KFH-Antioch) 2016 CHNA prioritized the following health categories:¹⁵

1. Economic Security
2. Obesity, Diabetes, Healthy Eating, and Active Living
3. Healthcare Access & Delivery, including Primary & Specialty Care
4. Oral/Dental Health
5. Mental Health
6. Unintentional Injuries
7. Violence and Injury Prevention
8. Substance Abuse, including Alcohol, Tobacco, and Other Drugs

The KFH-Antioch 2016 CHNA provides quantitative and qualitative community input on the nature of health issues listed above.

Sutter Delta Medical Center

The Sutter Delta Medical Center (SDMC), located in Antioch, serves a population that includes Pittsburg and Bay Point, which fall within the LMHD. The latter areas were identified as “Communities of Concern”, in addition to a portion of Antioch. These Communities of Concern are defined as “populations within the HSA that have the greatest concentration of poor health outcomes and are home to more medically underserved, low income, and diverse populations at greater risk for poorer health.”¹⁶ Health need priorities include:

- Access to Quality Primary Care Health Services
- Access to Affordable, Healthy Food

¹⁵ 2016 Community Health Needs Assessment, Kaiser Foundation Hospital Antioch, approved September 21, 2016;

¹⁶ A Community Health Needs Assessment of the Sutter Delta Medical Center Service Area, Community Health Insights, May 2016.



- Access to Basic Needs, such as Housing and Employment
- Access to Mental, Behavioral, and Substance Abuse Services
- Safe and Violence-Free Environment
- Health Education and Health Literacy
- Access to Transportation and Mobility
- Access to Specialty Care



APPENDIX D

LMCHD GRANT PROGRAMS FALL OF 2016 AND SUMMER 2017



2016 Fall Programs

Organization	Program	Address	Amount Received	Individuals Served*	Description
All Star Cheer Reaction	All Star Cheer Reaction	535 Azores Circle Bay Point, CA 94565	\$ 10,000.00	60	Introduce children ages 5-18 to fitness and healthy eating choices. Get them away from TV, computers, and internet surfing.
APT Sports	APT Sports' Elite Basketball Program	271 Patricia Ave Pittsburg, CA 94565	\$ 10,000.00	195	Provides healthy, positive activities for youth from ages 7 to 18. This is accomplished by offering a basketball program, which instills healthy living and positive lifestyles, as well as mentoring for participants.
Center for Human Development	"Mind, Body, and Soul" - African American Wellness Program	901 Sunvalley Blvd Suite 220 Concord, CA 94520	\$ 7,525.00	60	Helps enhance the capacity of the Mind, Body, and Soul Support Groups and augments the monthly curriculum for african american adults, living in Pittsburg and Bay Point, to include health eating and active physical exercise.
East County Junior Warriors Basketball League	East County Junior Warriors Basketball League	2120 Railroad Avenue Suite 103-320 Pittsburg, CA 94565	\$ 10,000.00	332	Through an organized basketball league the program targets youth between the ages of 8 and 16 and provide them with a safe, supervised environment. The program also provides fitness, peer mentoring, and nutritional counseling.
Eddy Hart All in One Foundation	Eddy Hart All in One Foundation	640 Bailey Rd #170 Pittsburg, CA 94565	\$ 10,000.00	400+	Help youth to improve health conditions, increase their knowledge of good health, increase physical activity, improve understanding of healthy eating habits, and teach the value of maintaining an active life style.
Food Bank of Contra Costa & Solano	Community Produce Program	4010 Nelson Ave Concord, CA 94565	\$ 10,000.00	1,010 households 3534 individuals	Distribute fresh fruits and vegetables in neighborhoods identified by the US Department of Agriculture as food deserts, where healthy food is hard to access.
Greater Faith Food Pantry	Greater Faith Food Pantry	4150 Railroad Ave Pittsburg, CA 94565	\$ 15,000.00	741 families 2,403 family members	Assists any employed, unemployed homeless or hungry in the community by providing a three day supply of food for a family of four. Emergency food provided upon request by contacting the Food Pantry.
Healthy Hearts Institute	El Pueblo Community Garden	8452 N Lake Drive Pittsburg, CA 94565	\$ 10,000.00	10 households	This program will construct a community garden, establish ten garden members, and provide garden training for members.

*Data taken from 2016 Fall Health and Wellness Midterm Reports and will be subject to change upon program completion.



2017 Summer Programs

Organization	Program	Address	Amount Received	Individuals Served	Description
Bay Point Community Foundation	Teen Garden Corp Program	36 Sandview Drive Bay Point, CA 94565	\$ 2,500.00	6	The youth who participate will learn about the importance of nutrition and physical activity and will participate in cooking and gardening demonstrations to develop leadership skills.
Contra Costa Health Ministries	Integrated Nutrition Educational & Physical Activity Program	4464 Lone Tree Way Suite 535 Antioch, CA 94531	\$ 8,877.00	160	This project will provide culturally relevant health promotion and wellness programs in the underserved areas of Pittsburg and Bay Point where African Americans, Latinos, and other underserved persons predominantly reside. The objective is to provide education and support to children and families in communities at risk that can benefit them not only during summer months but also can be replicated in their daily lives.
East County Midnight Basketball League	2017-2018 East County Midnight Basketball League	4654 Aberdeen Court Antioch, CA 94531	\$ 10,000.00	45-60	Through the organized basketball league and organized life skill workshops, the East County Midnight Basketball League utilizes basketball as a tool to help create a positive social change within the community by helping young adults learn how to value education, employment, stable family, and responsibility.
First Baptist Head Start	Training Our Youth Will Ensure a Healthy Community Tomorrow	3890 Railroad Ave Pittsburg, CA 94565	\$ 10,000.00	167	The main objective of the youth training program is to target at-risk youth who face challenges of developing high blood pressure, obesity, and diabetes due to their surroundings and sedentary lifestyles. The program trains students to prepare healthy meals as well as indoor/outdoor physical activities.
Full Stride Track Club	Full Stride Youth Track & Field Club	311 Alta Vista Circle Pittsburg, CA 94565	\$ 5,000.00	47	Provides low cost, positive and healthy athletic activity, which focuses on building the children's self-esteem by facilitating the achievement of numerous goals.